Crawford County Community Resource Directory

This directory is maintained and distributed by the Crawford County Health Department. For suggestions or revisions, please email: info@cchd.net





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24-HOUR NON-EMERGENCY TELEPHONE NUMBER

Connects people with community Info and services Calls are free, anonymous, and confidential

> TEXT IT: 898211 WEBSITE: www.findhelp211.0rg OR CALL: 888-865-9903

> > Get live assistance with

- Food and shelter
- Counseling and mental health services
- Income and employment support
- Help for elderly and people with disabilities
- Resources for children and families

This service provided by:



United Way of Crawford County

Emergency – Dial 911

Local County Sheriff's Offices:

Crawford County Sheriff	203 S. Jefferson St.	Robinson, IL 62454	618-546-1515
Jasper County Sheriff	106 E. Morgan St.	Newton, IL 62448	618-783-3057
Lawrence County Sherriff	1306 Lexington Ave.	Lawrenceville, IL 62439	618-943-5766
Richland County Sheriff	211 W. Market St.	Olney, IL 62450	618-395-7481

Local City Police Offices:

Hutsonville Police Department	113 S. Main St.	Hutsonville, IL 62433	618-563-4700
Newton Police Department	108 N. Van Buren	Newton, IL 62448	618-783-8478
Oblong Police Department	202 S. Range St.	Oblong, IL 62449	618-592-4715
Palestine Police Department	301 S. Main St.	Palestine, IL 62451	618-586-2464
Robinson Police Department	300 S. Lincoln	Robinson, IL 62454	618-544-2217

Local Fire Departments:

Annapolis Fire Department		Annapolis, IL 62413	618-569-4911
Flat Rock Fire Department	205 S. Main St.	Flat Rock, IL 62427	618-584-3411
Hutsonville Fire Department		Hutsonville, IL 62433	618-563-4700
Newton Fire Department	106 E. Morgan St.	Newton, IL 62448	618-783-8477
Oblong Fire Department	111 W. Main St.	Oblong, IL 62449	618-592-4513
Palestine Fire Department	104 E. Harrison	Palestine, IL 62451	618-526-2122
Robinson Fire Department	400 S. Jackson	Robinson, IL 62454	618-544-2955

Poison Control:

For a poison emergency in the United States call:

National Suicide Prevention Hotline

800-273-TALK (8255)

800-222-1222

Hotline- Suicide Prevention		
Depression Hotline	630-482-9696	
National Hope Network	800-784-2433	www.hopeline.com
	800-442-4673	
National Suicide Prevention Lifeline	800-273-8255	Suicidepreventionlifeline.org
Suicide Prevention Hotline	800-784-2433	
RBHN	866-567-2400	

ABUSE

Adult Protective Services

888-715-6260

Aging Senior and Elder Abuse Hotline

800-252-8966 800-279-0400

CAISA (Counseling and Information for Sexual Assault and Abuse)

10499 N. State Hwy, Robinson, IL 62454 618-544-9379 Crisis Line: 866-288-4888

Child Abuse and Neglect Helpline

800-252-2873

Child Advocacy Center / Guardian Center

Sheryl Woodham, Executive Director (Carmi) Kim Russell and Sydney Slaughter 1108 N. Allen, Robinson, IL 62454 618-546-2414

Crime Victims Assistance Line

800-228-3368

DCFS (Department of Children and Family Services)

618-393-2015 800-252-2873

Domestic Violence Assistance Line 800-799-SAFE

Drug Abuse

800-Cocaine

Nursing Home Information and Abuse 800-252-4343

Public Aid/Medicaid Fraud and Abuse

618-544-3151 800-843-6154

Rape Action Hotline

800-334-2094

SWAN (Stopping Woman Abuse Now)

618-392-3556 or 888-715-6260

Palestine Food Pantry

500 W. Porter Street Monday 1-3 PM and Wed 5-6 PM

Robinson Area Food Pantry

602 E. Pine, Robinson, IL 62454 Patty Murphy: 618-562-1428 Service area is West of Rt 1 to the Jasper County Line, North to the Clark County Line and South to the Lawrence County Line. Wednesdays 9:30am – 11:30am $2^{nd} \& 4^{th}$ Monday 5:00-6:00 p.m.

Oblong Food Pantry

Central United Methodist Church 112 North Range, Oblong, IL 62449 618-592-3217 (leave message) Every 3rd Monday 8:30-10:00 a.m.

Robinwood Assembly of God

11157 N Trimble Rd. Robinson, IL 62454 Jerrol Mikeworth: 618-553-7748 2nd Tuesday of the month: 1:00-2:30 p.m. 4th Tuesday of the month: 4:30-6:00 p.m.

Upper Room Street Ministries Mobile Food Pantry

By appointment Pastor Lon Estep: 618-421-5329

Willow Hill Food Pantry

Open 4th Thursday 10am - 12pm 206 West Main Street, Willow Hill, IL Serves Willow Hill and surrounding area

Soup Kitchen/Free Meals

Ark of the Covenant 503 E. Hazel Street, Robinson, IL 62454 618-544-5761 or 812-697-2116 2^{nd} and 4th Thursday 3:00-6:00 p.m.

Nutrition Assistance Programs

SNAP, <u>Supplemental Nutrition Assistance Program</u> (Food Stamps)

Department of Human Services (DHS) 1110 N. Allen, Robinson, IL 62454 618-544-3151

WIC, <u>W</u>omen, <u>I</u>nfants, <u>C</u>hildren

WIC provides supplemental foods, health care referrals, and nutrition education for lowincome pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age 5. Crawford County Health Department 202 N. Christopher Blvd. Robinson, IL 62454 618-544-8798 www.cchd.net

NOW Program (Nutrition On Weekends)

The NOW Program is a community effort to target childhood hunger. The program provides healthy, ready-to-eat nutritional foods for children during the weekend. The NOW Program also helps supply clothes, toiletries and school supplies to students.

NOW Program - Robinson First United Methodist Church 201 W. Walnut St. Robinson, IL 62454 618-544-8016 or Kirbie Ackman 618-553-7824

NOW Program - Palestine 609 W. Market St. Palestine, IL 62451 Mary Michael 618-553-7937

NOW Program – Hutsonville Hutsonville Grade School 500 W. Clover Hutsonville, IL 62433 Diana Stephens 618-563-4812

SHELTER

Homeless Shelter (SWAN)

Olney, IL 618-392-3556 or 888-715-6260

SWAN/Adult Protective Services (In addition to shelter, they provide legal advocates,

orders of protection, etc.) Olney, IL 618-617-1074

Lighthouse Mission/Conner Center

Terre Haute, IN For men, women, and children 812-232-7001

Safe Families for Children

Roger Balfour/So. IL. SFFC Director Baptist Children's Home & Family Services (618) 382-4164

www.safe-families.org/

*Safe Families for Children offers a safe place for children of families who are experiencing problems such as family illness or severe poverty, who are at risk for abuse and neglect in their home environment or whose parents are unable to care for them in a time of crisis.

CLOTHING/HOUSEHOLD SUPPLIES/FURNITURE

Crawford County Clothing Center 12767 E. 1050th Ave., Robinson, IL 62454 618-544-7644 Monday 1 to 3 p.m. Tues, Thurs, Friday 9 a.m. to 11 am. And 1 to 3 p.m.

Heartland Helping Hands Heartland Baptist Church, Hutsonville, IL 62433 Wednesday 6:00 to 7:30 p.m. or by appointment 618-563-9991

Lydia's Closet – Check Facebook page or call for hours 801 E. Wisconsin St., Oblong, IL 62449 618-553-1021

NOW Program - Robinson First United Methodist Church 201 W. Walnut St. Robinson, IL 62454 618-544-8016 or Kirbie Ackman 618-553-7824

NOW Program - Palestine 609 W. Market St. Palestine, IL 62451 Mary Michael 618-553-7937 NOW Program – Hutsonville Hutsonville Grade School 500 W. Clover Hutsonville, IL 62433 Diana Stephens 618-563-4812

FINANCIAL/UTILITY/MEDICINE ASSISTANCE

Benevolence – Free Methodist Church

301 S. Robb St. Sheila Ducommon: 618-562-1026 Limited one-time assistance; does not pay deposits on utilities or housing Open Tuesdays 10 a.m. to 2 p.m.

Catholic Charities

217-857-1458 Financial assistance for medication and basic needs, including rent and utilities, as funds are available.

Department of Human Services (DHS)

1110 N. Allen, Robinson, IL 62454 618-544-3151

Embarras River Basin Agency (ERBA)

100 Washington, Robinson, IL 62454 618-544-8780

Robinson Township

200 W. Chestnut, Robinson, IL 62454 7:00 a.m. – 3:30 p.m. Monday-Friday 618-546-5414

South-Eastern Illinois Are Agency on Aging

Mary Higgins – 618262-2306 EXT. 21

This agency offers several programs to assist senior citizens including:

- Grandparents raising Grandchildren This program provides assistance defraying costs of raising grandchildren.
- License Plate discount Offers reduced license plate renewal fees for seniors.
- Respite in home care service for caregivers who need a break.
- SHIP Senior Health Insurance Programs, helps seniors and those with disabilities navigate Medicare options and billing issues.
- Senior Employment Assistance Programs
- Legal assistance
- & Much More

For assistance with legal documents and cost regarding raising grandchildren contact Les Smith

618-445-2100 lesliewaynesmith@aol.com

Effingham City County Committee on Aging

Serves Crawford, Jasper & Effingham Counties. Offers Homemaker services such as cleaning, cooking, laundry etc. for persons 60 and older at no cost for those who qualify. Program is asset based rather than income based. Also offers Emergency Home Response assistance. 209 South Merchant Street Effingham, IL 62401 Phone: (217) 347-5569

Clay County Senior Services

Serves Clay, Richland & Lawrence Counties. Offers Homemaker services such as cleaning, cooking, laundry etc. for persons 60 and older at no cost for those who qualify. Program is asset based rather than income based. Also offers Emergency Home Response assistance. 832 W. North Avenue C-2 Flora, IL 62839-1033 Phone: (618) 662-7304

Crawford County Senior Center – Robinson

Open M-F/Hours 8:00 a.m.-2:00 p.m. 300 S. Lincoln St. Robinson, IL 62454 618-544-8811 Director - Cathy Holley

Crawford County Senior Center – Oblong

Open M-F/Hours 8:00 a.m.-2:00 p.m. 501 E Main St. Oblong, IL 62449

Jasper County Senior Center

Open M-F/Hours 7:00 a.m.-3:00 p.m. 904 W. Jourdan St. Newton, IL 62448 618-783-3660 Director Jane Carroll

Lawrence County Senior Center - Main Site

Open M-F/Hours 8:00 a.m.-2:00 p.m. 1705 12th Street Lawrenceville, IL 62439 618-943-2177 Directors – Ynonne DeKnikker & Yvette Coomes Satellite location in St. Francisville & Bridgeport offer meals

HOUSING

Section 8 Housing

(Menard Co. Housing Authority) 217-632-7723

MACO Management

618-544-8645

Quality Housing

618-544-2254

Meadows Apartment

618-546-5518

Lawrence County Housing Authority 618-943-4762

Richland County Housing Authority 618-395-2571

Assisted Living Facilities:

Brookstone Estates	1101 N. Monroe	Robinson, IL 62454	618-544-4663
Timber Creek Village	1302 W. Highland	Robinson, IL 62454	618-544-8877

Nursing Homes:

Robinson Rehab & Nursing	600 E. Robinwood Dr.	Robinson, IL 62454	618-544-3192
Ridgeview Care Center	413 Ridge Lane	Oblong, IL 62449	618-592-4228
United Methodist Village	2101 James Street	Lawrenceville, IL 62439	618-943-3444

MEDICAL

Local Hospitals:

Crawford Memorial Hospital	1000 N. Allen St.	Robinson, IL 62454	618-544-3131
Good Samaritan Hospital	520 S. 7 th St.	Vincennes, IN 47591	812-882-5220
Lawrence County Memorial	2200 State Street	Lawrenceville, IL 62439	618-943-1000
Regional Hospital	3901 S. 7 th St.	Terre Haute, IN 47802	812-232-0021
Richland Memorial Hospital	800 E. Locust St.	Olney, IL 62450	618-395-2131
Union Hospital	1606 N. 7 th St.	Terre Haute, IN 47804	812-238-7000

Rural Health Clinics:

CMH Centralized Scheduling			618-544-8500
CMH Rural Health Clinic	209 E. Grand Prairie	Palestine, IL 62451	618-586-2153
CMH Rural Health Clinic	1366 E. 1050 th Ave.	Oblong, IL 62449	618-592-3119
CMH Rural Health Clinic	1101 N. Allen	Robinson, IL 62454	618-544-3125
Good Samaritan	1404 E. Main Street	Robinson, IL 62454	618-544-8333
Occupational Health & Acute			
Care Clinic			

Free Medical Clinic:

Saint Ann Clinic	1436 Locust St.	Terre Haute, IN 47807	812-232-7447
Open Tuesday and Wednesday - Come before 9 a.m. Indiana time, sign in and then return at			
12:30 p.m. Indiana time to get a	number and wait to be call	ed to see a doctor.	

Public Health:

Crawford County Health Dept.	202 N. Christopher Blvd.	Robinson, IL 62454	618-544-8798
Open Monday, Wednesday, and ⁻	Thursday 8 a.m. to 5 p.m.		
Open Tuesday 8 a.m. to 7 p.m.			

Crawford County Medical Reserve Corps:

Dara Potts, P&P Coordinator			
Crawford County Health Dept.	202 N. Christopher Blvd.	Robinson, IL 62454	618-544-8798

Dental Assistance:

For dentists accepting Illinois Medicaid Card contact Dentaquest at 888-286-2447			
Pippin Dental - Accepts IL Medicaid (kids only) Terre Haute, IN 812-466-6527			
Marion Eye Center of Olney, Flora & Effingham (accepts IL Medicaid)			

Eye Glass Assistance:

Lion's Club (Tom Bailey) 618-544-8707 618-544-9599
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Social Services:

Crawford Memorial Hospital (Advance Directives/DNR forms, etc.)			
Amber Parker	1101 N. Allen	Robinson, IL 62454	618-546-2526
Division of Rehabilitation Services			
(Vocational Rehabilitation & Home Service)	1112 S. West St.	Olney, IL 62450	618-395-2147
UIC Division of Specialized			
Care for Children	1102 S. West St.	Olney, IL 62450	618-395-8461

Intellectual/Development Disability:

Lawrence Crawford Association for			
Exceptional Citizens			
(Training facility to improve vocational &			
educational skills.)	905 W. Mulberry	Robinson, IL 62454	618-546-5625
Southern Illinois Case Coordination			
Services, Inc.	140 S. Locust		
(Contact for assessment to be put on PUNS	2 nd Floor		800-828-7422
list for services.)	P.O. Box 588	Centralia, IL 62801	618-828-7422

Disability Respite Program:

Community Support Systems offers a respite program that provides parents and caregivers short-term relief and break time away from their child/adult family member with a disability. Please call 217-717-8015 to inquire about eligibility and enrollment.

Medicare Part-D Sign-Up

Catholic Charities 217-857-1458 (Sister Kathleen)

Tax Preparation Assistance

(Less than \$60,000 income)

Catholic Charities 217-857-1458 (Sister Kathleen)

MENTAL HEALTH SERVICES

National Suicide Prevention Hotline: 1-800-273-TALK (8255)

Lawrence County Behavior Health 24/7 Crisis Line: 618-943-5766

Crawford County Health Department

<u>Telepsychiatry</u>

Paras Harshawat, M.D., Psychiatrist, Harsha Behavioral Center Ages: All age groups Billing: Medicaid and most insurances. For Appointment: Call Harsha Behavioral Center at (812)234-4899 Location: 204 W. Highland Ave. #A Robinson, IL 62454

<u>Psychiatry</u>

Jeanne Holdren, APN-BC, Lawrence County Health Department Ages: 9 years and above Billing: Medicaid and most insurances For Appointment: Call (618)943-3754 Location: 204 W. Highland Ave. #A Robinson, IL 62454

<u>Counseling</u>

Racheal Winter, MS, CRC, QMPH, Lawrence County Health Department Ages: Adolescents and above Billing: Medicaid and most insurances For Appointment: Call (618)943-3754 Location: 204 W. Highland Ave. #A Robinson, IL 62454

Substance abuse counseling

Jodi Stone, BS, MPH, Lawrence County Health Department For Appointment: Call (618)943-3754 Location: 204 W. Highland Ave. #A Robinson, IL 62454

Agape Christian Counseling

Rich Swisher, MSW, LCSW Highland Church of Christ 500 W. Highland Ave. Robinson, IL 62454 618-553-2622 agape-christiancounseling.org

• Christian Counseling, Grief Counseling, Addictions, Individual, Couple, Family Counseling, Marriage and Group Counseling

Crawford Memorial Hospital

Holly Harmon, PMHNP-BC Rural Health Clinic - Oblong 13660 East 1050th Ave Oblong, IL 62449 618-592-3119

Holding Hope Counseling

Angela Newlin, LPC 201 W. Walnut St., Robinson, IL 62454 618-469-1020

angela_newlin@yahoo.com

- Individual Counseling Sessions
- Christian Counseling
- Child & Adolescent Counseling
- Play Therapy
- Sand Tray Therapy
- Sliding scale fee; does not bill insurance

Jasper County Counseling Center

Jasper County Health Department 106 Edwards Street Newton, IL 62448 618-783-4154

- Mental Health & Substance Abuse
- Accepts Medicaid & most insurances
- Counseling for children & adults

Lawrence County Behavioral Health

Lawrence County Health Department 11020 State Rd. 250 Lawrenceville, IL 62439 618-943-3754

CAISA (Counseling and Information for Sexual Assault/Abuse)

10499 N. State Hwy, Robinson, IL 62454618-544-937924 Hour Crisis Line: 866-288-48884 Trauma informed counselors on staff, work with all ages at no cost to the individual/family. Offices in Robinson & Olney.

One Hope United – Youth Services

One Hope United increases opportunities for children and families by providing quality solutions that enhance lives, communities and futures. Services offered but not limited to:

- Comprehensive Community-based Youth Services (CCBYS)
- Functional Family Therapy (FFT)
- Screening Assessment and Support Services (SASS)
- Intensive Placement Stabilization (IPS)
- Intact Family Services Program
- Multi-Systemic Therapy (MST)
- Foster Grandparent Program

Local Offices:

1901 S. 4th Street, Suite 213 Effingham, IL 62401 217-347-5880 Crisis Hotline: 217-342-6777

4110 N. Water Tower Place Mt. Vernon, IL 62864 618-242-8266 Crisis Hotline: 618-242-8266

218 East Main St Olney, IL 62450 618-395-8656 Crisis Hotline: 618-393-6001

For more information on services or additional locations please visit OneHopeUnited.org

True North Psychological Services

Valerie Weck 204 W. Highland Ave. Robinson, IL 62454 812-269-2306 www.truenorthpsychologicalservices.com

- Specializes in Anxiety Disorders, Depression, Trauma, Relationship Issues
- EMDR-trained
- BrainPaint Provider
- Accepts Medicare & most insurances

Psychology Specialists, Inc.

Jodi Wiman, LCPC 103 West Main, Suite 5 Oblong, IL 62449 618-592-3116 Tele-Health Service 1-888-428-7890

 Individual, family, couple counseling; general mental health, pain management, psychological testing and evaluation

Life Links

Olney Health Center 1200 N East St. Olney, IL 62450 618-392-3828

Rick Tarpley, MHP Leslie Holloman, MS, QMHP Tammy Wyman, RN, Wellness Coach and Health Education

- Seeing patients age 5 and up for outpatient and family counseling
- Accepts Medicaid only

SUBSTANCE ABUSE:

Agape Christian Counseling

Rich Swisher, MSW, LCSW Highland Church of Christ, 500 W. Highland Ave., Robinson, IL 62454 618-553-2622 agape-christiancounseling.org

Substance Abuse Counseling

Lawrence County Health Department Behavior Health 618-943-3754

Illinois Helpline for Opioids and Other Substances

www.helplineIL.org or 833-2FINDHELP (833-234-6343)

Jasper County Counseling Center

Jasper County Health Department 106 Edwards Street Newton, IL 62448 618-783-4154

- Mental Health & Substance Abuse
- Accepts Medicaid & most insurances
- Counseling for children & adults

Alcoholics Anonymous Meetings:

Robinson

The First Step – Robinson IL Sober Community Center	208 S. Franklin St.	Robinson, IL 62454	618-554-1676
• Meets Mondays at 7 p.m.	AA		
Our Redeemer Lutheran Church	801 W. Emmons	Robinson, IL 62454	618-546-5210
• Meets Fridays at 7:30 p.m. AA			

Lawrenceville

Teen Center (Behind Subway)1000 Walnut St.Lawrenceville, IL 62439618-943-5319• Meets Sundays at 10 a.m. & Wednesdays at 7 p.m.AA

Olney

First Church Olney	1401 N. Silver St.	Olney, IL 62450	618-393-7436
Meets Tuesdays & Thursda	ys at 7 p.m. AA		

Newton

Free Methodist Church	201 E. Reynolds	Newton, IL 62448	618-783-2229
• Thursday at 7:30 p.m.	A		

Narcotics Anonymous:

The First Step – Robinson IL Sober Community Center	208 S. Franklin	Robinson, IL 62454	618-544-1676
Meets Tuesdays & Thursd	ays at 7 p.m. NA		
Marshall Public Library	612 Archer Ave	Marshall, IL	217-826-2535
Meets Mondays & Fridays at 6:00 p.m. NA			
First Church	Cherry St.	Olney, IL	
• Meets Thursdays at 6:00 p.m. NA			
Scott Avenue Christian Church	404 S. Scott Ave.	Newton, IL	618-783-3744
• Meets Thursdays at 6:00 p.m. NA			

Al-Anon:

Willow Hill United Methodist Church

• Meets Thursdays at 7:00 p.m.

The First Step - Robinson IL Sober Community Center

208 S Franklin St. Robinson, IL 62454 618-554-1676 Our mission is to provide a safe, central location for recovery meetings and sober events for the communities of Crawford and surrounding counties

Crawford County L.I.F.E.

Crawford County L.I.F.E. is a local group that promotes mental health through education, advocacy, and focuses on creating healthier lifestyles for individuals and families in Crawford County. Check them out on Facebook at www.facebook.com/groups/469891659853392/



Celebrate Recovery:

Celebrate Recovery is a Christ centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind

Highland Church of Christ	500 W. Highland Ave.	Robinson, IL 62454	618-592-4541
 Every Wednesday at 6:3 	0 p.m.		
New Beginnings Church	8622 IL-130	Newton, IL 62448	618-783-5804
 Every Tuesday at 6:30 p 	.m.		
The Edge	105 Cumberland St.	Willow Hill, IL 62480	618-804-0713
Every Tuesday at 6:30 p.m.			

Foster Parent Support Group:

Highland Baptist Church Nori Stephens-Bilyew	400 W. Highland Ave.	Robinson, IL 62454	618-553-5412

Grief Support Groups:

Free Methodist Church	301 S. Robb St	Robinson, IL 62454	618-544-7531
Meets Thursdays, please call to confirm times			
Healing Hearts Support Group First Baptist Church	301 S. Jefferson	Robinson, IL 62454	618-544-3214
• 2:30-4:30 p.m. on Sundays			

TRANSPORTATION

Rides Mass Transit

1307 W. Mulberry Robinson, IL 62454 618-544-8800

First Transit

Medicaid Prior Approval 1-866-389-7536 (Have Medicaid #, location, date and phone number where you are going)

National and State Hotlines and Warm Lines

Hotline- Central Illinois		
Alcoholics Anonymous	217-525-5795	
Disaster Distress Helpline	800-985-5990	
Narcotics Anonymous	800-539-0475	
Parent Helpline	217-544-5808	
Rape Information and Counseling	217-753-8081	
Text Crisis Line	talkWithUs to	
	66746	
Youth Services Bureau	217-529-8300	
Hotline-Other	217-329-0300	
	000 242 2427	1
AIDS/HIV and STD Hotline	800-243-2437	
Al-Alateen Monday-Friday 8am-6pm EST	888-425-2666	http://www.al- anon.alteen.org/
Center For Missing Children	800-843-5678	http://crisiscallcenter.org/cri sisserveices.html
Child Find	800-292-9688	
Cutting /Self Injury	800-366-8288	
Help Me Grow for women who are pregnant and drinking	800-323-4769	
Missing/Exploited Children Hotline	800-843-5678	
National Association of Anorexia Nervosa and Associated Disorders	630-577-1330	www.anad.org
National Counseling on Compulsive Gambling	800-522-4700	
National Eating Disorders Association	800-931-2237	www.nationaleatingdisorder
The National Institute on Alcohol Abuse and Alcoholism	800-662-4357	s.org http://www.niaa.gov
National Institute of Mental Health Information	866-615-6464	
Postpartum Support International	800-944-4773	http://postpartem.net
Sexually Transmitted Diseases Hotline	800-227-8922	
State Wide Senior Citizen Hotline	800-252-2518	
Tragedy Assistance Program for Survivors	800-959-8277	
Veteran's Crisis Line	800-273-8255	
	press 1	
Hotline- Sexual Abuse Rape and Domes		otlines
Domestic Violence Crisis Services- Danville, IL	217-443-5566	Junes
HOPE	888-345-3990	
Loveisrespect		
National Domestic Violence Hotline	866-331-8453	
	800-656-7233	
National Human Trafficking Resource Center	888-373-7888 Text BeFree	
Prairie Contor Against Soyual Accoult	(2333733) 217-753-8081	
Prairie Center Against Sexual Assault	800-656-4673	
RAINN: Rape, Abuse, and Incest National Network		
Rape, Sexual assault and Incest Hotline	212-227-3000 888-345-2846	MIMIN SACIS NET
Sexual Assault Counseling and Services (SACIS) Hotline- Suicide Prevention	000-343-2840	WWW.SACIS.NET
	620 492 0606	
Depression Hotline	630-482-9696	www.honeline.com
National Hope Network	800-784-2433	www.hopeline.com
	800-442-4673	

National Suicide Prevention Lifeline	800-273-8255	Suicidepreventionlifeline.org
Suicide Prevention Hotline	800-784-2433	
RBHN	866-567-2400	
Hotline- Warm Lines		
Common Thread Warm Line	800-316-9145	
5pm-10pm including holidays		
Endinburg Center Warmline	800-243-5836	
M-F 5pm-10pm Saturday and Sunday 4pm-9pm		
Greater Waterbury Peer Support Line	800-314-2680	
Illinois Warmline (IL) M-F	866-359-7953	www.mhselfhelp.org/warmli
	press 2 then 5	<u>nes.index/</u>
KEYS Consumer Organizations- M-F 8am-5pm	800-933-5397	
Northern Valley TalkLine	855-582-5554	
4:30pm-9:30pm		
Participation Station Peer Warmline NAMI	877-840-5617	
M-Sat 5pm-9pm		
Project Return Peer Support Network- Friendship	888-448-9777	www.prpsn.org
Line		
Project Return Peer Support Network-Friendship Line	888-448-4055	www.prpsn.org
Spanish		
Safe Harbor Warmline5pm-10pm	800-258-1528	
Sound View Warmline- 5pm-10pm	800-921-0359	
Hotline- Youth		
Boys Town National Hotline	800-448-3000	www.boystown.org//hotline
CARES	800-345-9049	
GLBT National Youth Talk	800-246-7743	
(M-F 4pm-12am EST Sat12pm-5pm EST)		
National Runaway Switchboard	800-786-2929	www.1800runaway.or Text
		SAFFE and your current
		location to 69866
Runaway Hotline	800-231-6946	
SPEAK UP	866-773-2587	
The Trevor Lifeline (bullying)	866-488-7386	