



2022

FALL

LINCOLN TRAIL COLLEGE COMMUNITY EDUCATION CATALOG



iecc.edu/ltc
618-544-8657
11220 STATE HWY 1
ROBINSON, IL 62454



WATER AEROBICS

AUGUST 15-DECEMBER 16

MWF, 8:30-9:20 AM | \$90 | LINDA BRANCH

MWF, 10:00-10:50 AM | \$90 | MARILYN NICHOLS

TF, 2:00-2:50 PM | \$70 | JUDY ADAMS

MW, 6:00-6:50 PM | \$70 | SUE MYERS

This course will provide a fun, high-energy physical conditioning program consisting of continuous, rhythmic movements performed in the water in order to improve your overall fitness level. Aqua aerobics provides an excellent workout for your heart and lungs. Aqua Aerobics allows you to strengthen and tone your muscles. No previous water aerobics experience required.



TAE KWON DO

MONDAYS & WEDNESDAYS AUGUST 15-DECEMBER 14, 7-9 PM | \$100 | ANDY BRADBURY

A practical study of the origin, history and basic fundamental skills of Korean Karate including analysis and practice of blocking, punching and kicking. Advanced classes emphasize offensive and defensive skills and strategies of free-sparring and self-defense.

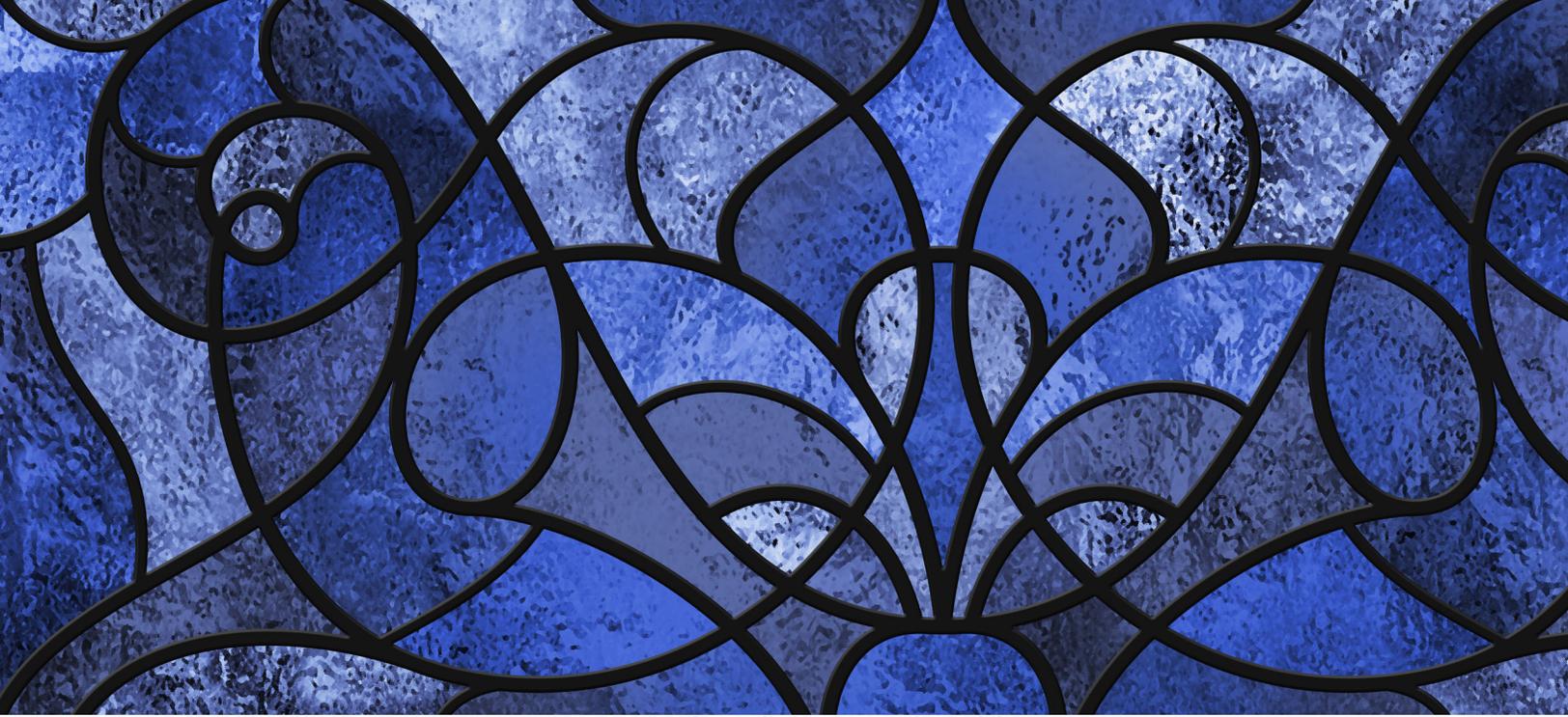


KARATE FOR KIDS

KARATE I: MONDAYS AUGUST 15-DECEMBER 12, 6-7 PM | \$65 | ANDY BRADBURY

KARATE II: MONDAYS AUGUST 15-DECEMBER 14, 7-9 PM | \$85 | ANDY BRADBURY

This class will cover basic martial art concepts, self-defense and movement in a program that will provide students with improved confidence and self-esteem. The instructor brings many years of instruction to the classroom and will provide a fun atmosphere for the children.



ADVANCED STAINED GLASS

THURSDAYS SEPTEMBER 29-OCTOBER 20, 6-9 PM | \$75+MATERIALS | DALE MILAM

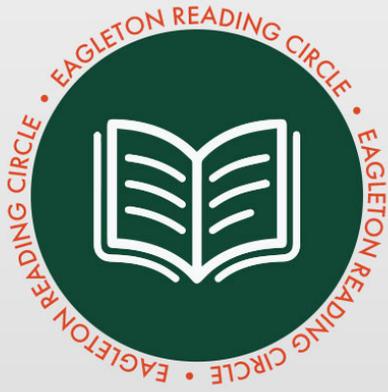
Needs some experience, will learn to cut curves and circles. Freedom to create your own unique project.



BEGINNING STAINED GLASS

TUESDAYS OCTOBER 4-25, 6-9 PM | \$75+MATERIALS | DALE MILAM

Beginning glasswork, cutting, grinding, foiling, soldering, & finishing an 8X8 piece of stain glass art. Also, will make the pattern used for this project. Will receive a list of supplies when registering.



EAGLETON READING CIRCLE
FOURTH WEDNESDAY OF EACH MONTH, 6-7:30 PM | FREE | RENA GOWER

To read and discuss books of interest to the group. First meeting on August 24 we will discuss a couple books we might want to use and vote.



CREATIVE WRITING/BECOMING A PUBLISHED AUTHOR
SEPTEMBER 1-OCTOBER 20, 6:00-8:00 PM | \$35 | RICK KELSHEIMER

The class will be a general introduction to the creative writing process for any level writer. The goal of class is to have each student complete a short story that will be published in an anthology and available on Amazon Prime.



PSYCHOLOGY OF A SERIAL KILLER

OCTOBER 20, 6-8 PM | \$25 | MARCIA THORSEN

When murders happen, people usually ask "Why". We will explore how serial killers develop, why they murder, and delve into the complex and fascinating minds of specific serial killers.



BASIC AMERICAN SIGN LANGUAGE

THURSDAYS SEPTEMBER 29-OCTOBER 20, 6-8 PM | \$45 | TONY AUSTIN

Learn the Basics of American Sign Language; ABC' s, counting, words, basic greetings and phrases.



TEAS TEST PREP

MATH: WEDNESDAYS OCTOBER 5 & 12, 5:00-8:00 PM | \$50 | KIM SCHUCKER
ENGLISH/READING: WEDNESDAYS OCTOBER 19 & 26, 5:00-8:00 PM | \$50 | CONNOR YORK
SCIENCE: SATURDAY OCTOBER 22, 8:00 AM-3:00 PM | \$50 | JARED GULLETT
MW, 6:00-6:50 PM | \$70 | SUE MYERS

Thinking about learning to be a nurse? Prepare for the TEAS Test at Lincoln Trail College. Prep classes are \$50 plus the cost of the textbook in the LTC Bookstore. You can enroll in any combination of the three courses. Please be sure to attend both dates on classes with more than one session as new information will be presented for each date listed.

TRUNK OR TREAT
AT THE

TRAIL

OCTOBER 27



HOW TO REGISTER

The easiest way to register is to call 618-544-8657, ext. 1425.

You can also register by visiting the Lincoln Trail College Library.

Early registration is recommended because class sizes are limited.

TUITION AND FEES

Classes require pre-registration and payment. Registrations are not valid until payment is received.

ACCURACY

All information listed in this catalog is accurate at the time of printing and may be subject to change. Please inquire with the College for the most up-to-date information.

ENROLLMENT AND CANCELLATION

Classes and workshops are subject to cancellation if the minimum enrollment is not attained. In the event of cancellation, participants will be notified. Some classes may have limited enrollment due to space or other limitations.

