

LTC NETWORK

OCTOBER 2011

- 1 **Baseball hosts Indiana Storm**, 1 p.m., Parker Field
- 4 **Faculty/staff development**, no classes
- 6 **Testing**, 2-4 p.m., Williams Hall
Community Night, 5-8 p.m., cafeteria & gym
- 10 **College closed for Columbus Day**, no day or evening classes
- 11 **Blood drive**, 10 a.m.-4 p.m., gym
LTC Foundation meeting, 5:30 p.m., Lincoln Room
- 12 **Midterm Women's basketball hosts SMWC**, 5:30 p.m., gym
- 14 **Student Loan Session**, 2-3 p.m., SU207
- 14-16 **"12 Angry Men,"** 7 p.m., theater
- 21 **Testing & advising**, 9-11 a.m., Williams Hall

Network is a joint project of Lincoln Trail College & Lincoln Trail College Foundation



Welcome Back Blast
Lincoln Trail College students enjoyed free food, games, door prizes and inflatables during **Welcome Back Blast Aug. 24** in the Sports Center.



2011-2012 theater productions announced

Barbara Shimer, director of theater at LTC, has announced the productions for the 2011-2012 season.

"Twelve Angry Men" and "Nuncrackers" will be presented this fall and "Jekyll and Hyde" this spring.

The classic 1950s story of a jury deliberation, "12 Angry Men" interweaves the different personalities of 12 jurors en route to a surprising outcome. Auditions were Aug. 29 and 30 in the Zwermann Arts Center Theater. The one-weekend performances are at 7 p.m., Oct. 14, 15 and 16.

In a break from tradition, LTC theater will present a second production this fall, the delightfully funny Christmas musical

"Nuncrackers." A sequel to "Nunsense," this tale features more of the delightful antics of the nuns you love. Auditions will be at 6 p.m. Sept. 7 in the theater.

The spring production will bring a musical new to the area, "Jekyll and Hyde." Music from this show was previously performed by the LTC Concert Choir and quickly became a choir favorite. Be entranced by the music and moved by the powerful performances of this tale of good versus evil. Auditions will be Jan. 17 and 18, with performances March 23-25, 30 and 31.

For audition information, call the Performing Arts Office at 618-544-8657, ext. 1433.

LT encourages fitness this fall

Lincoln Trail College is offering a variety of classes to help area residents get fit this fall.

Zumba Gold (PEG 1138) is being offered from 4 to 5 p.m. Mondays and Wednesdays in the Lincoln Grade School gym. Enrollees dance away the pounds during this slightly toned-down version of the popular workout that fuses Latin music and dance moves. Dee Lingafelter is teaching the course.

Lingafelter is also teaching Aqua Zumba from 4:30 to 5:30 p.m. Tuesdays in the LTC pool. Like traditional Zumba, this class features energetic dance moves set to Latin music. In Aqua Zumba, however, participants enjoy the extra challenge of water resistance. Cost of the course is \$60 when taken non-credit.

The public is invited to walk for fitness (PEG 1138) and college credit, from 11:30 a.m. to 12:30 p.m. Tuesdays and Thursdays on LTC's main campus. Kathy Harris is the

instructor.

Stretch a variety of muscles during Tri Fitness (PEG 1136). This course features lap swimming, spinning and additional training. Enrollees have access to the Ragon-Parker Fitness Center on South Cross Street in Robinson as well as the LTC pool. Participants log their workouts as part of this arranged course.

Three sessions of Aqua Aerobics (PEG 1136), an LTC fitness favorite, are being offered this fall: 8:30 to 9:20 a.m. Mondays, Wednesdays and Fridays; 2:30 to 3:20 p.m. Tuesdays and Thursdays; and 6 to 6:50 p.m. Mondays and Wednesdays.

Two other fitness staples – Circuit Fitness Training (PEI 1101) and Advanced Circuit Fitness Training (PEI 2100) – are also being offered for college credit. Course times are arranged.

For more information about these or other fitness offerings, contact Admissions at 618-544-8657, ext. 1097.

27 *Trick or Treat at the Trail*, 4-7 p.m., main campus

Dual credit orientation

Area high school students planning to enroll or already enrolled in Lincoln Trail College dual credit classes for fall, as well as their parents, recently attended an orientation session in the Zwermann Arts Center theater.

LTC Dean of Instruction Kathy Harris, Learning Skills Center Director Rena Gower, and Director of Academic Advising and Recruitment Roselene Quick were available to discuss course transferability, courses, LTC programs and more.

Martial arts classes begin

New Karate for Kids students are invited to join the class beginning Sept. 12.

Two sessions of Karate for Kids are offered: 6 to 7 p.m. Mondays and 7 to 9 p.m. Mondays. Fees are \$45 for the 6 p.m. class and \$65 for the 7 p.m. class.

For more information, or to register, call (618) 544-8657, ext. 1130.



Orientation 2011

Incoming Lincoln Trail students learn more about the college and its resources during orientation Aug. 18 in the theater. Sessions included tutorials on the library, Entrata, and Student Services as well as a campus tour and a free lunch and door prizes.

Music Notes

The following groups are now rehearsing for fall semester:

Concert Band meets from 6 to 8:30 p.m. Thursdays in the rehearsal hall. Members of the Concert Band make up the Pep Band which performs at LTC's home basketball games. Participation in both bands isn't required. The band will be selecting new pep tunes and starting work on some standard concert repertoire for the Fall Concert on Nov. 5.

Jazz Band rehearses at 6 p.m. Tuesdays in the rehearsal hall. It is working on a repertoire of new arrangements of some old jazz standards in preparation for the fall concert on Nov. 5 and Jazz Day on Jan. 12.

Concert Choir meets at 6 p.m. Mondays in the rehearsal hall. This year, the choir will be singing in various styles with "water" themes. It will present a 2 p.m. performance Nov. 20.

Area senior citizens raise their voices every Thursday from 1 to 2:30 p.m. at the Robinson Community Center as part of the **Singing Seniors** choir.

Computer lab hours for fall

Thanks to an Eliminate the Digital Divide Program Grant awarded to Lincoln Trail College this summer, the college is currently offering a new computer lab, complete with updated equipment, a part-time instructor and four free open-enrollment classes.

The self-paced courses, offered one-on-one and in small group settings, are:

Introduction to GED-i, Introduction to Computers, Introduction to Illinois Legal Aid Online, and Introduction to Illinois WorkNet. The lab, located in the back of the LTC library, is open from 3:30 to 6:30 p.m. Mondays and Wednesdays and from 8 a.m. to 2 p.m. Tuesdays. Call 618-544-8657, ext. 1427 for more information.

'Nuncrackers' auditions Sept. 7

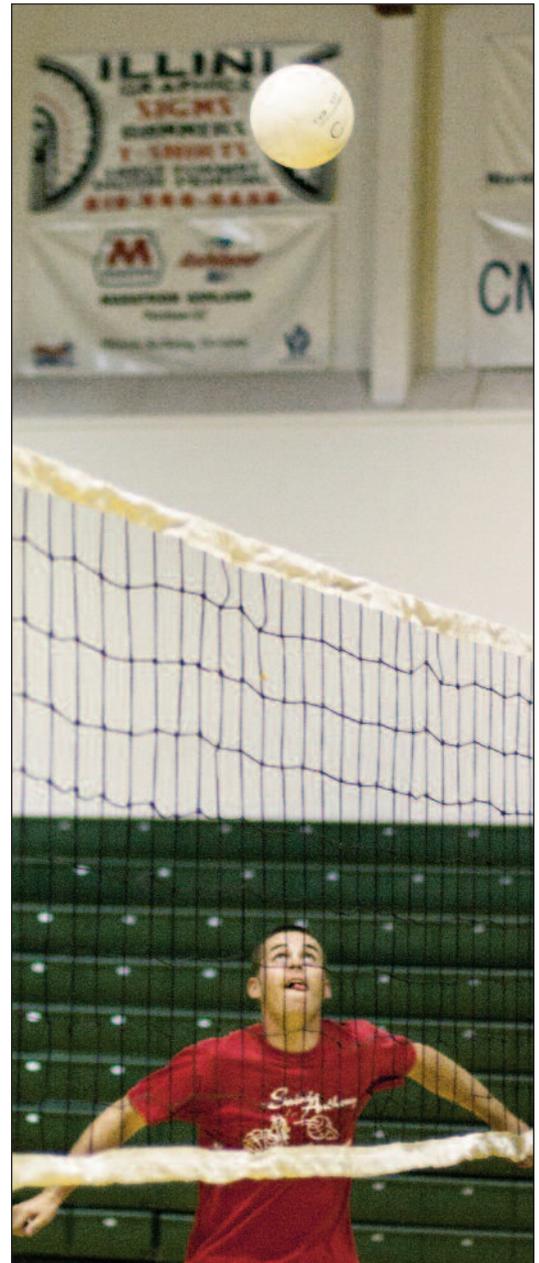
Auditions for Lincoln Trail College's upcoming production of "Nuncrackers: The Nunsense Christmas Musical" began at 6 p.m. Sept. 7 in the Zwermann Arts Center Theater.



"Nuncrackers" is the story of the tapping of the Little Sisters of Hoboken's cable access Christmas special. This hilarious musical combines comedy and music for a fun evening of entertainment.

The 10-person cast will consist of a five nuns: Sister Robert Anne, a street-tough nun; Sister Mary Paul (Amnesia), a ditsy nun; the Reverend Mother Regina (originally played by Rue McClanahan); Sister Mary Hubert, second in charge and Mother Superior's rival; Sister Mary Leo, who wants to be the first nun ballerina; and her brother, Father Virgil Manly Trott (actor must be comfortable in a dress). The cast also features singing parts for four students – two males and two females – who should be 13 or older.

Rehearsals will begin in mid-October, with performances Dec. 1 through 4. For more information, or an audition packet, call or visit the Performing Arts Office at 618-544-8657, ext. 1433.



Intramurals

LTC students take a break in the day by participating in intramural volleyball on Tuesdays and Thursdays. Other intramural classes are scheduled for the future.