



LTC LAUNCHES STATESMEN
STANDOUT PROGRAM



STEPHENS CELEBRATES GED



TRUNK OR TREAT AT THE TRAIL
RETURNS TO LTC

LINCOLN TRAIL COLLEGE *Network*

CRAWFORD COUNTY RECREATION CENTER BREAKS GROUND



A new recreation center is coming to Crawford County. The Crawford County Recreation Center Board and Illinois Eastern Community Colleges celebrated with a groundbreaking ceremony for the new 25,000-square-foot facility that will be located at Lincoln Trail College.

The project started five years ago as a community effort to enhance the quality of life in Crawford County. The group chose the recreation center as a way to impact the physical and social health of all residents of Crawford County.



MPC Sr. VP of Refining Kevin Bogard

Marathon Petroleum Senior Vice President of Refining Kevin Bogard was one of the original members of the Crawford County Recreation Center Board. “Part of the vision here is to have more community-centric things here. It’s going to be a cornerstone of this community. It’s going to help this community continue growing and continue to be the great place that I’ve known for 30 years.”

He says the seed for this was first planted when the United Way held a series of community focus groups that asked the citizens of Crawford County questions like “what do you want the community to be?” and “where do we want to go?”

The CCRC Board raised money for the project, including gifts from corporate partners like Marathon, Hershey, LincolnLand Agri-Energy, and Crawford Memorial



UPCOMING NOVEMBER EVENTS

- 2 **Phi Theta Kappa Cookie Sales**
10-1, Williams Hall Foyer
- 7 **CCDA Quarterly Board Meeting**
5 p.m., Lincoln Room
- 8 **Election Day**
- 10 **Student Senate Paint Night**
6 p.m., Statesmen Grill
- 11 **COLLEGE CLOSED - Veterans Day**
- 15 **Fall Concert**
7 p.m., Zwermann Arts Center Theater
- 16 **Phi Theta Kappa Cookie Sales**
10-1, Williams Hall Foyer
- 17 **LTC Foundation Meeting**
12 p.m., Lincoln Room
- 18 **HR Roundtable**
12 p.m., Lincoln Room
- 24-24 **COLLEGE CLOSED - Thanksgiving Break**
- 30 **Phi Theta Kappa Cookie Sales**
10-1, Williams Hall Foyer

Hospital along with organizations like the United Way, the Crawford County Development Association, and the Lincoln Trail College Foundation. Illinois Eastern Community Colleges also helped with a contribution to the project and they will oversee the construction.

“I really appreciate the Crawford County Recreation Center board,” said Illinois Eastern Community Colleges Board of Trustees Chairman Gary Carter. “They have done so much legwork on this project. They have been out knocking on doors, putting plans together, dreaming together and doing all kinds of activities. And they really are the ones that really made this work. I and the Illinois Eastern Community College Board, appreciate your group so much for wanting to partner with us. We’re here to help to make your community better. And we’re glad that you partnered with us in order to try to accomplish that goal. I’m excited about what I see. I was excited the first time I saw the plans. I think this is going to be an excellent place.”



IECC Board Chairman Gary Carter

The new facility will include a 6,000-square-foot fitness center with free weights and strength and cardiovascular machines. It will also have three rooms for fitness classes like yoga, spinning, and dance and a dedicated child watch room. The large indoor walking track will allow year-round access to a safe and controlled environment for exercise. The two indoor multipurpose sport courts will host basketball leagues, pickleball, and volleyball tournaments and will be available for after-school programming. The new building will connect to the existing indoor swimming pool at Lincoln Trail College, which will also have new recreational features, including waterslides and an indoor party room. Once complete, the entire facility will be over 36,000 square feet.

Illinois Eastern Community Colleges Chancellor Dr. Ryan Gower says this is just one more way to make Lincoln Trail College a hub of activities in Crawford County. He says that started with the addition of Statesmen Park and continued with the construction of Lackey Music Hall. “We want Lincoln Trail to be the hub for everything that is education and everything that’s enrichment to the quality of life.”

Gower also believes that the Crawford County Recreation Center will have an impact on the growth of the College. “In order for our colleges to grow, we are going to have to have the capacity to reach outside of District 529 to recruit students. The Indiana border is just a stone’s throw away from us, and educational institutions can be a powerful tool to stop outmigration, and to bring new talent to our area. But college students, particularly those who are



not residents of District 529, are not just looking for excellent educational programs. They need to see a campus where they can study and where they can live.

Work has already started on the Crawford County Recreation Center. Construction is expected to be complete in the summer of 2023 and the new facility should open to the public that fall.

Gower says right about the time that the CCRC opens, Lincoln Trail will be ready to break ground on its new Technology Center. The \$14-million facility will house LTC's career and technical education programs along with the University Partnership Center where residents will be able to earn a four-year degree without needing to leave home.



See the complete groundbreaking ceremony on YouTube.
Watch the LTTV video:
<http://www.youtube.com/LincolnTrailCollege>



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LTC LAUNCHES STATESMEN STANDOUT PROGRAM



Lincoln Trail College is launching a program designed to help recognize students, faculty, and staff doing good things. The Statesmen Standout program recognizes and promotes positivity in the people at the College.

Angel Kerner is spearheading the program. She says she picked up on the idea as she was learning about the retention part of her role. “The Statesmen Standout was an idea that had not been implemented. I picked up the name, used my previous experiences and developed the program. I wanted it to have a modern, personal touch. One of the greatest retention tools we have is to make it personal...get their buy in...make them feel welcome and included...everyone! Once I had a basic layout, I reached out to my counterpart, Dana [Goodwin] and gathered her thoughts and ideas. From there, I needed to make sure that faculty was part of the program also, so I discussed the program with Phil Thorsen. He had some great ideas about implementing values from the Statesmen Blueprint.”

Kerner says there will be boxes and forms located throughout campus and when someone witnesses someone demonstrating positive behavior, they can complete a form and drop it in the box. Each week an advisor will coordinate with faculty and come to class to present the Statesmen Standout award which includes the handwritten form and a small treat. The names will be tracked, and a grand prize winner will be drawn in December for a \$100 Walmart gift card.

She says there are four categories of positive behavior. They are: put others first, learn something new, recover from failure, and demonstrate professional behavior.

Kerner says it is very important to recognize those traits. “It builds pride and inclusion in our organization. This program will also help us learn to look for the good in others and bring unity across the entire LTC family. Simple programs are what work best and hearing that you have done something positive just brings satisfaction. We are making positive deposits into our emotional bank account. That way when life makes a withdrawal, we are strong enough to carry on!”

The Statesmen Standout program launched on October 11. Kerner says even though the program is just starting, she’s already hoping that it will expand and there are some ideas in place to do just that.

STEPHENS CELEBRATES GED



Kathryn Stephens said that when she started the GED program at Lincoln Trail College, she was motivated. “This is something that I have wanted for a long time, but I didn’t have any self-motivation. Here recently I have been motivated. My daughter has started preschool, so I figured that was a perfect time to start going back to school for myself and I have recently enrolled in college, and I’ll be starting in the spring.”

Danyelle Ayres, who was named the 2022 Arthur J. Stejskal Teacher of the Year by the Illinois Adult and Continuing Educators Association, says Stephens completed the GED program quickly. “She was the fastest in my time teaching here. It only took her about four weeks to complete the program and earn her GED.”

Stephens says Ayres was very helpful in her GED journey. “At first, it seems very overwhelming because you get this great big book with all this information, but you have a great teacher, and she helps you to take it one lesson at a time so it’s not so overwhelming and breaks it down for you.”

She says the one-on-one attention was important to her because Ayres was always there if she was struggling with a subject.

Stephens plans on attending Lincoln Trail College in the spring. Her goal is to become a drug and alcohol counselor after earning a college degree.

She says if you’re thinking about getting a GED, stop thinking about it and do it. “Just do it. Don’t be overwhelmed. Like I said, take it one lesson at a time. It is hard and it is hard to get your head back in the game but is so worth it in the end.”

For a long time, Stephens never thought she would be in the position she is now. “I never thought that this day would come. But now that it has, it’s like I get that whole feeling of self-satisfaction. This is so much more than just a piece of paper to me. This is my whole life. All the doors have opened because of this piece of paper. It’s gave me all my self-worth and everything. My confidence is through the roof now because I know that I can do it and my potential is endless.”



See a video version of this story on YouTube.

Watch the LTTV video:

<http://www.youtube.com/LincolnTrailCollege>

TRICK OR TREAT AT THE TRAIL RETURNS



Trick or Treat at the Trail is coming back to Lincoln Trail College this year. This year's event will have a little different format. It will take place entirely outside and will be called Trunk or Treat at the Trail.

The popular community event was put on hold for two years due to the COVID-19 pandemic. "This is one of the biggest events we do for the community each year," said LTC Director of Marketing Chris Forde. "We haven't been able to put on the event since 2019 and we're so excited about bringing it back."

This year's event will take place in the large parking lot at the College. Part of the parking lot will be blocked off and that's where LTC clubs and organization and community partners will park to distribute candy. The rest of the parking lot will be open for people to park and then walk to where the candy will be. There will be signage and volunteers helping guide people during the event.

"This is different from how we've done it before," said Forde. "Even though it is a different look, we still believe that people will enjoy the event and families will have a great time."

Trick or Treat at the Trail traditionally brought more than 2000 people to Lincoln Trail College each year. "This is such a great event," said Forde. "It brings so many people here. We couldn't do this without the many people that donate their time and money to help make Trunk or Treat at the Trail possible. We're incredibly grateful for the community support we receive."

Trunk or Treat at the Trail takes place on October 27 from 4-6 p.m.

TRUNK OR TREAT
AT THE
TRAIL
OCTOBER 27
LTC





NOVEMBER ATHLETIC EVENTS

Men's Basketball

5	East Mississippi CC (at Covington, KY)	3:00
6	Coahoma CC (at Erlanger, KY)	12:30
8	Three Rivers CC	7:00
11	Truman (at Mt. Carmel, IL)	5:00
12	Danville Area CC (at Mt. Carmel, IL)	1:00
15	Mineral Area CC	7:00
18	Brescia	7:00
22	at Rend Lake College	7:00
26	at Southeastern CC	3:00
30	Southwestern Illinois College	7:00

Women's Basketball

1	Ancilla College	5:00
4	Kirkwood CC (at Sedalia, MO)	1:00
5	Southeastern CC (at State Fair Classic)	1:00
8	Three Rivers CC	5:00
10	at Carl Sandburg College	5:30
12	Danville Area CC	5:00
15	at Mineral Area College	5:00
18	at Ancilla College	5:30
22	at Rend Lake College	5:00
30	Southwestern Illinois College	5:00

SHEAD JOINS STATESMEN COACHING STAFF



Jaylen Shead joins Lincoln Trail College as the Assistant Men's Basketball Coach. Shead is from Austin, Texas, and is a 2020 graduate of Washington State University.

Shead played point guard for the Cougars and earned a degree in history. After college, he served for two years as the head coach and assistant program director for the AAU team ASAK Elite. He also spent a year as the program director and head coach of the AAU team Capital City Tigers.

Shead has two siblings. His younger brother Jamal Shead plays basketball for the University of Houston and his older sister Autumn played basketball for Texas Lutheran. He is the son of Lysa and Elvin Shead.

LINCOLN TRAIL COLLEGE
SPRING 2023
REGISTRATION
Open Now


 iecc.edu/ltc

TRANSFER NIGHT PLANNED



Lincoln Trail College Student Senate is putting on an event to help students plan their futures. The October 18 Transfer Night is geared to help students prepare to transfer for Fall of 2023.

Representatives from Advising, Financial Aid, and Faculty will help answer questions about applications, financial aid, and general college questions.

“We want to give our students something that they can use to help be prepared,” said Student Senate Co-Advisor Phil Thorsen. “We have students that are trying to navigate their next steps in the college process and we want them to be able to get some help.”

The free event runs from 5-8 in Williams Hall 101.

CLASS FOCUSES ON SERIAL KILLERS



Lincoln Trail College is offering a class on October 20 that will appeal to true crime buffs. Psychology of a Serial Killer is a one-evening class that will run from 6-8 p.m. on Oct. 20.

Led by instructor Marcia Thorsen, Psychology of a Serial Killer will explore how serial killers develop, why they murder and delve into the complex minds of some specific serial killers.

The class is a part of Lincoln Trail College’s Community Education Series. Community education classes are non-credit and open to anyone in the community.

Psychology of a Serial Killer costs \$25. People can register for the class by calling 618-544-8657.



Dr. Michael Patilla gets hit in the face with a pie during Fall Fun Day. Patilla received the most votes among students to be hit with a pie.



FranklinCovey’s Darren Jones speaks at the IECC District Workshop at Lincoln Trail College about change and how to change uncertainty into opportunity.



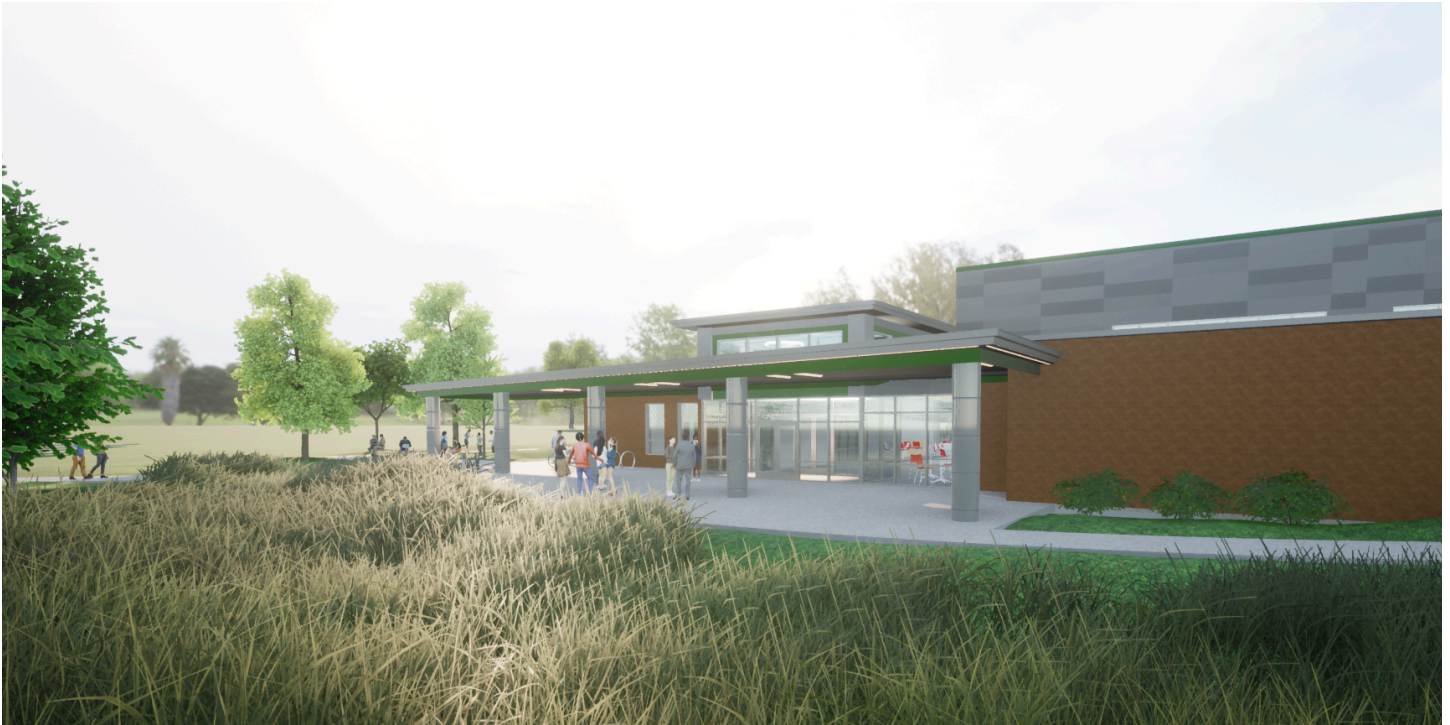
ABOVE: Students taking the Introduction to Teaching class had the chance to interact with International students at Lincoln Trail College. The students shared things like what it was like growing up in their respective countries, differences in cultures, and foods from their countries. The students proposed having an event where they would make their favorite foods from their countries.

BELOW: Students in Yvonne Newlin's World Music class took part in an African drum circle. The students got the chance to try different instruments during the four different renditions. Videos of each drum circle are available on Lincoln Trail College's TikTok, @LincolnTrailCollege.



PRESIDENT'S CORNER

LTC's campus is growing! The groundbreaking event for the Crawford County Recreational Center took place and the construction is in process. Additionally, we received the preliminary design schematics from the architects of the long-awaited Technology Center. These projects, as well as Lackey Music Hall, will modernize our institution, allow for targeted growth, and centralize the instruction in one location. Thanks to your advocacy on behalf of these projects, they are materializing.



Our vision is to become THE hub for the community development of Crawford County. We aim to confirm our commitment to innovative education, public-private partnerships, and workforce preparation. Our goal is to become THE regional higher education destination.

To reach these goals, we must focus our energy on strategic elements, such as:

- Enhancing the instructional techniques of our faculty, who are subject matter experts, many of whom are new to instruction.
- Expanding the base of LTC students beyond the fresh high school graduates.
- Bolstering the unique programs that we offer (such as Process Technology or Broadband Telecom) and possibly expanding their scopes.
- Taking advantage of high demand (and high reward) areas that we currently do not offer instruction in (engineering, computer science, visual arts, etc.)

LTC is a partner with the community, local businesses, organizations, and institutions. And we will continue to lead through innovative education and workforce development.

Dr. Zahi Atallah
President
Lincoln Trail College