

The Knightline

Olney Central College Students & Employees Monthly Newsletter

January 2014 Volume 30 Number 6

Foundation provides funds for facial chair

Olney Central College's School of Cosmetology has purchased a new facial chair with funding it received from the OCC Foundation.

Director Linda Miller said the new equipment is a welcomed addition to the program. Students will use it not just for facials, but for administering waxing treatments and applying makeup as well. Miller said today's cosmetologists are expanding their services to include skin care and it is vital for students to practice those skills.

"This is a great benefit to the program because we can utilize the chair in so many different ways," she said. "It is important for our students to gain this additional experience. We're very thankful for the Foundation's help in acquiring the new chair. They have helped with several equipment purchases and it has been very much appreciated."

The new chair includes both an adjustable headrest and footrest,

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The OCC Foundation provided funding for the OCC School of Cosmetology's new facial chair. Pictured, from left, are OCC Foundation President Bartley Zuber, Foundation Executive Board Members Carrie Hallam and Kris Newton and OCC President Rodney Ranes.



Allan Alldredge

Allan Alldredge serving as OCC's new Career Services Coordinator

As students prepare to graduate this spring, Allan Alldredge is encouraging them to stop by his office so he can assist them as they begin searching and applying for jobs.

Alldredge, who recently joined Olney Central College as its new career services coordinator, said he is looking forward to meeting and working with students as they make the important transition from college to the workplace.

"I want the students to know that my door is always open," he said. "I am here to help them find a job and put the skills they have learned in college to use in their chosen professions."

In the newly created position, Alldredge will guide students through all aspects of the job-hunting process. He can assist them with career searches and assessments as well as help them enhance their resume writing and interviewing skills. He also can provide students with information from job banks.

In addition, Alldredge will be working closely with area employers to place graduates with those businesses and to

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International students enjoying time at OCC

Maria Jose Rojas and Nicola Stalder are looking forward to improving their English and experiencing life in America while attending Olney Central College through the Youth for Understanding Program.

Rojas, 18, of Chile and Stalder, 21, of Switzerland arrived in Olney shortly before the start of the spring semester.

"I think this is a great opportunity to get to know another culture away from home," Rojas said. "I also can increase my vocabulary and improve my English."

Rojas likes meeting the other students and attending classes at OCC.

"The people here are really warm and kind," she said. "I really like the



Nicola Stalder of Switzerland and Maria Rojas of Chile are studying at OCC through the Youth for Understanding International Exchange Program.

people. I haven't met a person that would not help you. The teachers are always checking to make sure you understand. I feel they like teaching."

Stalder also is enjoying interacting with classmates.

"I really like the school and the people are very nice," he added. Although she finds everyone very friendly, Rojas said people here are more reserved than they are in Chile.

"People are kind here, but they are more distant," she said. "In my country when people say hello, we kiss on the cheek. We touch more. I don't know how to say hello here."

Rojas has a variety of interests including drama, political science and economics. She plans to attend law school when she goes back to Chile. In the future, she may return to the United States to pursue an additional degree.

In her free time, Rojas enjoys going to the movies and theater or shopping.

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Alldredge

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identify internship opportunities.

"I want employers to turn to OCC as their first resource for qualified employees," he added.

Alldredge can even assist students who want to be self-employed.

"If a student in a program like cosmetology wants to open their own business, I can tell them what they will need to do to get started," he said.

Alldredge hopes to host job fairs and other career-oriented events for OCC students in the future.

During the coming weeks, Alldredge will be visiting classes in OCC's technical programs so he can meet students to apprise them of the services that are now available. He also will be sending postcards to graduating students inviting them to utilize the college's career services.

"Now is the time to start looking for jobs. I want to get the word out and to let the students know I am here to help them," he said. "I'm really personable and easy to approach." Alldredge will begin meeting with students individually in early February. To schedule an appointment, call 395-7777, ext. 2019. Alldredge's office is located in Student Services.

Alldredge is a retired U.S. Navy Military Police Officer. During his military career, he was stationed overseas several times serving as his ship's chief of police, chief master of arms and chief investigator.

He received his bachelor's degree through Eastern Illinois University's Board of Governors Program and earned a master's degree in speech communication from EIU. He also has completed 80 hours of post-graduate work in human services with a specialty in criminology through Capella University.

Alldredge served as a juvenile probation officer and juvenile detention officer in Vermillion County before joining the Effingham Community Committee on Aging as an elder abuse caseworker supervisor.

A certified alcohol and drug counselor, Alldredge most recently was

employed as a case manager for the Treatment Alternatives for Safe Communities Program (TASC). In the position, he assisted individuals with a history of drug and alcohol addiction, who were being released from prison.

Alldredge helped clients in a 17-county area find employment and other needed services.

Alldredge said the experience helped him foster contacts with numerous businesses, which will be beneficial in his new job.

Alldredge also has extensive experience working with college students as an adjunct speech and criminology instructor. Over the past decade, he has taught at Danville Area Community College, Kaskaskia College and Lake Land College. He joined OCC's Administration of Justice Program as an adjunct faculty member in 2010.

Alldredge resides in Claremont with his wife, Kim. He is the father of two adult children. His hobbies include playing the guitar and singing.

OCC winter weather closing policy

It is Olney Central College's policy to remain open unless the weather makes it too hazardous to do so.

When the safety of students and staff is threatened due to inclement weather or other emergencies, OCC will be closed or classes canceled or delayed.

Administration will attempt to notify media outlets prior to the 6 a.m. news on the day of the closing.

Don't assume that if the elementary and high schools close, OCC will be closed as well. If no announcement is made, classes will meet as usual.

Closure of day classes does not necessarily mean that evening classes will be canceled. Announcements regarding evening classes will be made prior to 4 p.m., if at all possible.

The following radio and television stations will be notified of any cancellations or delays:

WVLN-AM and WSEI-FM in Olney

- WIKK in Newton
- WAKO in Lawrenceville
- WFIW-AM and -FM in Fairfield
- WNOI-FM in Flora
- WSJD in Mt. Carmel
- WCRC in Effingham
- WTWO and WTHI in Terre Haute. Ind.
- WEHT, WFIE and WTVW in Evansville, Ind.

Closings also will be announced on the following websites:

- www.iecc.edu
- www.weatherclosings.com

Closings also are announced through IECC Alerts. When you create an Entrata account you will be automatically registered for an alerts account.

Account creation for alerts will take approximately 24 hours. IECC Alerts will automatically go to your Entrata email account, but you can opt-in for text messages or receive messages at another email account.

To do so, login to Entrata (entrata.iecc.edu) and select Emergency

Alerts. Enter your cellular information under the Text and Voice Preferences section. A phone number is required. The cellular provider is optional. You also may enter another email address in the Email Preferences area. Once changes are completed, click save.

While there is no direct cost for signing up for this text message service, you may be charged a text message fee by your cell phone provider.

Please check your cell phone plan to understand the costs you may incur using this service.

The system will be used to send text messages related to campus emergencies, weather-related closures and test messages.

Students previously signed up with IECC Emergency Alerts should verify contact information and preferences are current.

If you do not have an Entrata account, please contact the Records Office at 395-7777.

OCC Music Department Auditions

The Olney Central College Music Department will host auditions on Wednesday, Jan. 29, Wednesday, Feb. 5 and Saturday, Feb. 8.

Students interested in participating in OCC's choral and instrumental ensembles must audition in order to be considered for a Music Department Tuition Waiver for the 2014-2015 academic year. Tuition waivers are granted based on the needs of the OCC ensembles as well as student ability level and commitment.

The Wednesday audition dates give students the chance to attend rehearsals of the choral and band ensembles, to attend a college class and to audition for the OCC music faculty.

Students also will get to meet a

faculty member of their chosen major and to tour the college. On Saturday, students can audition with the OCC music faculty.

All three audition dates provide instrumental students the opportunity to perform with the OCC Cavalier Pep Band at an OCC Blue Knights Basketball game.

For information regarding audition requirements, visit the OCC Music Department website at www.occmusic.org/auditions.

To schedule an audition, click the "Contact" link at the top of the page, and send an email including your name, instrument/voice, preferred audition date, mailing address and phone number. You may also call 395-7777, ext. 2251, for more information.

New students should stop by library for IDs

New students should stop by the Anderson Library to obtain their OCC Student IDs.

Students' library cards are printed on the back of their IDs. For more information, call 395-7777, ext. 2261.

Sports Schedule

Men's Basketball

- **Jan. 18** OCC vs. Lake Land, 7:30 p.m. at home
- Jan. 20 OCC at Lincoln Trail, 7:30 p.m.
- **Jan. 22** OCC vs. Shawnee, 7:30 p.m. at home
- Jan. 25 OCC vs. Southwestern Illinois, 7:30 p.m. at home
- Jan. 29 OCC vs. Southeastern Illinois, 7:30 p.m. at home

Women's Basketball

- Jan. 18 OCC vs. Lake Land, 5:30 p.m. at home
- Jan. 20 OCC at Lincoln Trail, 5:30 p.m.
- **Jan. 22** OCC vs. Shawnee, 5:30 p.m. at home
- Jan. 25 OCC vs. Southwestern Illinois, 5:30 p.m. at home
- Jan. 29 OCC vs. Southeastern Illinois, 5:30 p.m. at home

Nursing program hosts upcoming workshops

The Illinois Eastern Community Colleges: Olney Central College Nursing Program is offering two continuing education workshops.

The Alzheimer's Patient Workshop will meet from 8 a.m. to 4:30 p.m. on Jan. 24 in the Learning Resource Center Building at Frontier Community College in Fairfield. A Pediatric Workshop will meet from 8:30 a.m. to 4 p.m. on Feb. 21 in the Brubeck Theater at Wabash Valley College in Mt. Carmel.

The Alzheimer's Patient Workshop will feature keynote speaker Sharon Lancaster, RN, CDP, who will be sharing recent updates from the Alzheimer's Foundation

Lancaster graduated from OCC in 1993 with her Associate Degree in Nursing. She has 20 years' experience working with Alzheimer's patients and is a certified dementia practitioner. She led the effort to establish Richland County's first Alzheimer's Care Facility at Burgin Manor. She has worked closely with the Alzheimer's Association of Southeastern Illinois and is a respected authority on caring for Alzheimer's patients.

Workshop sessions include:

- Behaviors and Resolution
- Safety Risks and Precautions

- Communication Techniques
- Ability Centered Care
- Promotion and Maintenance
- Medical and Social Needs
- Assessment Steps
- Therapeutic Communication
- Care of the Elderly Patient
- Psychotropic Medications

The registration fee is \$20. Nurses who complete an evaluation and attend the entire workshop will earn 6.5 CEs.

Keynote speakers for the Pediatrics Workshop are Deborah Lamb, RN; Kathy D. Swafford, MD; and Jaime Below, Ph.D., HSPP.

Lamb is a graduate of Vincennes University with more than 30 years' experience in nursing. For the past 10 years, she has worked in public health giving immunizations to patients of all ages. She has experience in TB surveillance, communicable disease reporting, emergency preparedness planning and STD counseling.

Swafford is a board certified pediatrician who has been in private practice for 14 years in Anna. She is a member of the American Academy of Pediatrics and the Illinois Chapter of AAP. Swafford currently serves on the Immunization Advisory Committee for the Illinois

Department of Public Health. She is on the advisory board of the Illinois Emergency Medical Services for Children and the Division of Specialized Care for Children.

Below served as an assistant professor of pediatrics at Vanderbilt University Medical Center in Nashville, Tenn., where she also completed a postdoctoral fellowship. She received her doctorate degree from the School of Psychology at the University of Tennessee in Knoxville in August 2008. She currently works as a pediatric psychologist at St. Mary's Center for Children in Evansville, Ind.

Workshop sessions include:

- Techniques/Billing Resources
- Parental Concerns/Health Risks
- DSM-V Diagnostic Criteria
- Interventions and Communication

This continuing nursing education activity has been approved by the Illinois Department of Financial and Professional Regulation for 5.5 CEs.

The registration fee is \$30. All registrations must be postmarked by Feb. 15.

For more information or to register, contact Mary Corry at 395-7777, ext. 2140.

Students -

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She is very close to her family. Every weekend they plan an activity that allows them to spend time together.

Rojas has participated in scouting and cheerleading. She enjoys reading, dancing and being outdoors.

Rojas said one of the biggest changes she has faced here is adjusting to the weather.

"It's summer in my country now and I feel cold all the time here," she said.

Stalder is the third member of his family to participate in an exchange program. His sister studied in Barcelona, Spain while his brother attended schools in Bourge, France and Brighton, England.

Stalder completed school in 2013 and had planned to continue his studies in the fall, but he missed the first two weeks of classes while completing his 18 weeks of compulsory military service.

Stalder's siblings encouraged him to participate in the exchange program while he waited to begin college in Switzerland.

"They told me everything was great and how much they liked it," he said. "I wanted to do it, too."

He is using this time to improve his English skills.

"I wanted to come to a community college where I

would have to force myself to speak English," he said.

Stalder said one of the things he is enjoying most about America is the food.

"It's more tasty than the food in my country," he said. "I like all the burgers, chips and tacos. In my country, the only fast food is Subway, McDonald's and Burger King."

Stalder recently enjoyed attending a basketball game.

"I had never seen that many people at a game," he said. "At home, only a few people come out. I thought it was cool that they came."

In Switzerland, Stalder participated in sports. His other pastimes include reading and listening to music. He has visited several countries including Thailand, Morocco, Hungary, Spain, Ireland, England, France and the United States.

When he returns to Switzerland, Stalder plans to study economics and eventually earn a master's degree.

International Student Liaison Tina Pierce is hoping to place the students with host families for the remainder of their stay, which ends in May. If you are interested in opening your home to Rojas or Stalder, contact Pierce at 395-7777, ext. 2024 for more information.

Service Awards

OCC presented service recognition awards to fulltime employees on Jan. 2. Pictured are front row, from left, Shasta Bennett, 10 years; Amie Mayhall, 10 years; Diana Emmons, three years; Mary Corry, five years; and Linda Horn, 15 years; and back row, Tyler Boyles, five years; Michael Conn, five years; Tammy Harmon, 30 years and Cristina Siegel, five years. Not pictured are Linda Miller, three vears; Jerry Booker, five years; Robert Tice, five years; Ruby Houldson, 10 years; and Theresa Marcotte, 10 years.





Part-time Service Awards

OCC part-time employees receiving service recognition awards on Jan. 2 are, from left, Courtney Roche, five years; Tim Dunahee, five years and Kathy Swinson, 10 years. Not pictured are Alberta Brian, David Cunningham, Judith Diver, Diana Headlee, Jessica Parrent and Jessica Turner, all three years; Ben Atkins, Thomas Baker, Michael Swick, Carol Weiler and Nancy Wright, all five years; Kathy Overstreet and Juanita Suro, both 10 years; James Majernik, 15 years; and Ruth Henry, 40 years.

Upcoming campus visits planned at OCC

The following institutions will be visiting OCC. Tables will be located outside the Student Services Office.

• Franklin University will be here from 10 a.m. to 1 p.m. on Tuesday, Jan. 21, Monday, Feb.

10, Thursday, Feb. 27, Tuesday, March 11, and Monday, March 24.

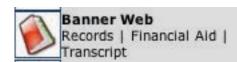
• Tosha Baker with Southern Illinois University at Carbondale will be at OCC from 10 a.m. to 1 p.m. on Wednesday, March 19 and Thursday, April 10.

College closed on Jan. 20

Olney Central College will be closed on Monday, Jan. 20 in observance of Dr. Martin Luther King Jr. Day.

ONLINE PAYMENT

Step 1: Log into your Entrata account with your username and password. Click on the Banner Web icon at the right-hand side of your screen.



Step 2: Click on Pay Tuition, Fees, and Other Charges Online — Credit Card to make your online Payment.

Student Records

Account by Term
Account Summary by Term
Degree Evaluation
Final Grades by Term
Holds on Your Account
Payments - Pay Tuitlon, Fees, and Other Charges Online - Credit Card
Payment History and Statement
Select Tax Year
Student Information
Tax Notification
Transcript Unofficial
RELEASE: 7.5

If you encounter problems with making your online payment, please contact the IECC HelpDesk at 618-395-5299 or toll-free 1-866-529-4322, ext. 4357.

Massage Therapy taking appointments for clinicals

Olney Central College's Massage Therapy Program is accepting appointments for its spring clinicals.

The clinics are open to the public and will be held from 9 a.m. to 2 p.m. on Jan. 24 and 31; Feb. 14, 21 and 28; and March 21 and 28.

The cost for a relaxing, Swedish-

style massage is just \$25 for a onehour session. The massage treatments are for the sole purpose of stress reduction, relief from muscle tension or spasm and to increase circulation and energy flow. A massage therapy instructor will be present at the clinics. To schedule an appointment, call 392-2430. If you are unable to reach someone, please leave a message and your call will be returned as soon as possible.

OCC's Massage Therapy Building is located at 108 E. Main St., in Olney.

Chair-

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allowing clients to lie flat or at an incline. It also has trays where students can store product while working with their clients.

In addition to the chair, Miller said the School of Cosmetology recently purchased other equipment that will enhance its skin care treatments.

The program acquired a new Wood's Lamp, which helps students identify whether a client has dry or oily skin. The results can help them determine what products and treatments will work best for each individual.

Students also have access to a new facial steamer that opens the pores allowing skin care products to work more effectively.

Miller said both items will be used in conjunction with the new facial chair.

"The more techniques we can teach our students, the more well-rounded they will be and the more likely they will be to succeed in business," she added.

The School of Cosmetology also is offering a new Repechage facial, which utilizes materials derived from the sea. The process helps to build up elastin and collagen in the skin.

"You can see the benefits from it right away," Miller said.

Salons charge \$85 or more for the service, but it is available to cosmetology clients for just \$40.

During the month of February, anyone receiving services from the School of Cosmetology can enter a drawing to receive a free facial or paraffin dip.

To schedule an appointment, call 395-1169.

Free tutoring available

Having trouble in a class? The Learning Skills Center offers free tutoring. Call 395-7777, ext. 2269.

Keep vehicles locked

Students utilizing the OCC parking lots are advised to keep their vehicles locked when unattended.

Lost and found items

If you have lost an item, please check with the switchboard in the Student Services Office.

Happy Birthday To:

January

- 2 Wanda Douglas FCC
- 7 Doug Shipman
- 9 Linda Horn
- 11 Carol Kocher
- 17 Sue Dufilho
- 19 Jill Ginder-Wilson
- 23 Jason Hortin
- 23 Deanna Ratts
- 25 Andi Pampe
- 26 Mary Corry
- 28 Brenda Grove LTC

Financial Aid Night planned for Feb. 5

Olney Central College will offer a FAFSA (Free Application for Federal Student Aid) Night from 5 to 6:30 p.m. on Wednesday, Feb. 5 in Room 208.

OCC Financial Aid staff will be available that evening to assist students and parents in completing their 2014-2015 FAFSA application.

For more information, contact the OCC Financial Aid Office at 395-7777, ext. 2021.

DON'T FORGET Fill out your FAFSA for 2014-2015! Did you know you can complete the FAFSA for the 2014-2015 school year now? Even if you haven't filed your taxes, just check "I have not yet completed my return" and estimate your tax information. Don't lose out on valuable State of Illinois Grant \$\$. File early!

www.fafsa.ed.gov

OCC Automotive Club hosting raffle

The Olney Central College Automotive Club is holding a raffle fund-raiser.

First prize is a 2013 Honda Metropolitan Scooter. Second- and third-place winners will receive \$250 and \$150, respectively.

Tickets are \$5 each and may be purchased from club members or by contacting Mark Fitch at 395-7777, ext. 2510. The drawing will be held on March 31.

Knightline Information

Please submit information for the February Knightline to Deanna Ratts by 5 p.m. on Tuesday, Jan. 28.

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Our mission is to deliver exceptional education and services to improve the lives of our students and to strengthen our communities.