



CPR Training at Cisne

Open to the Public

CPR is a lifesaving technique useful in many emergencies, including heart attack or near drowning, in which someone's breathing or heartbeat has stopped.

Frontier Community College is partnering with Hosselton Funeral Home to offer a CPR/AED/First Aid class on Saturday, June 20, at the Community Center in Cisne.

The one day class is open to the public and there is no tuition charge to attend. There is a \$3 fee for the American Heart Association completion card.

CPR training prepares individuals to recognize and respond to cardiac arrest, respiratory arrest and foreign-body airway obstruction. The training will provide step-by-step instruction for using cardiopulmonary resuscitation (CPR) when needed. Students will also be instructed in the use of an automatic external defibrillator (AED) machine.

For further information and to pre-register, please call the Frontier Community College Emergency Preparedness Program at (618) 842-3711, Ext. 4427.

FRONTIER COMMUNITY COLLEGE VOYAGER

Dr. Paul Bruinsma

Frontier Welcomes New Dean of Instruction

Frontier Community College (FCC) is welcoming its new Dean of Instruction, Dr. Paul Bruinsma. The Illinois Eastern Community Colleges Board of Trustees approved the hire at the March board meeting.

Bruinsma assumed the role on June 8 and will oversee the career and technical programs, transfer programs, and full-time faculty.

Bruinsma will also work closely with the college president, Dr. Jay Edgren.

Bruinsma comes to FCC from North Central Missouri College (NCMC) in Trenton, Missouri, where he was a physical sciences instructor since 2006. His teaching experience includes instruction in the traditional classroom setting, online courses, and dual-credit courses. Bruinsma is familiar with student assessment and interacting with staff and faculty from all college departments.

During his time at NCMC, Bruinsma served as a member of the Strategic Planning Team, chaired the Negotia-

tions and Student Concerns Committees, and Faculty Senate President.



He played an instrumental role in the HLC (Higher Learning Commission) accreditation for the college, serving on the Steering Committee and the Editing Team for the HLC self-study.

In 2011, Bruinsma received the Governor's Award for Excellence in Teaching and the

NISOD Excellence Award (elected by faculty). Also in 2011, he represented the Missouri Community Colleges at the Higher Education Summit in Indianapolis, Indiana.

Bruinsma holds a Bachelor of Science degree from Purdue University in Biology with minors in Chemistry and French (1996) and a PhD in Genetics from the University of Missouri (2002).

Residing in Wayne City, Bruinsma and his wife, Lacey, have two daughters, Sophia and Ellie.

Spotlight on *Service Award*

Presented to Jan Herman, Adult Literacy Tutor

Jan Herman, an Adult Literacy Tutor at Frontier Community College, has been presented a Spotlight on Service Award presented by Secretary of State and State Librarian Jesse White's office and the Illinois Press Association. Herman was one of 10 literacy tutors in the state of Illinois to be chosen for this award and recognized during a ceremony held on May 13 in Springfield.

In January 2014, Herman began tutoring a small group at Red Brush Creek Church in Louisville. They needed tutoring in English as a Second Language. The group spoke very little English so a translator was needed to get

the class started. Now just over one year later, the students have shown remarkable progress and have gained at least one reading level.



Pictured are Secretary of State Jesse White, Herman, and Dennis DeRosset, Executive Director of the Associated Press.

For the past two years, Herman has also been tutoring a community learner with a learning disability. They meet on a weekly basis, and the student has improved by two reading levels. He enjoys checking books out at the public library to read. One of his goals was to be able to read the directions and make macaroni and cheese. With the progress he has made, he can now read and carry out the directions on his own.

Herman has been a strong advocate for adult literacy for several years. In 2011, Herman retired from Illinois Eastern Community Colleges (IECC) as the Coordinator of Literacy in the Adult Education Program.

Spotlight on *Achievement Award*

Presented to Lisette Lopez

Adult Literacy student Lisette Lopez of Flora was recently presented with a Spotlight on Achievement award presented by Secretary of State and State Librarian Jesse White's office and the Illinois Press Association. She was one of 10 in the state of Illinois to be recognized and presented this distinguished award at a ceremony on May 13 in Springfield.

Lopez was nominated by Linda Sargent, Coordinator of Literacy Development at Frontier Community College for the entire Illinois Eastern Community Colleges District. "We are so proud of her," said Sargent, who arranged for Lopez to receive one-on-one tutoring. "When she came to us four years ago, she could barely speak any English. She has dedicated herself to school and she has really done well."

A native of Lima, Peru, Lopez moved to Flora with her mother and sister. Recalling when she first arrived to



Pictured are Secretary of State Jesse White, Lopez, and Dennis DeRosset, Executive Director of the Associated Press.

the rural area, she said, "I could say, 'hello,' which I learned in kindergarten, but that was it. It was very hard and

frustrating. People couldn't understand me and I couldn't understand them."

Lopez began meeting twice a week with a tutor at the Flora Public Library. Together they reviewed basic greetings, money and numbers. As she progressed, Lopez and her second tutor began working on grammar. "I moved on to writing sentences," Lopez said. "My conversations were getting better and my writing improved." After a year of tutoring, Lopez enrolled in classes at Olney Central College.

Lopez has made great strides and this May she graduated with an Associate in Science and Arts degree. She has been accepted to the University of Illinois in Chicago, though she is still looking at other options. She plans to transfer to a university this fall to begin work on a degree in Chemical Engineering.

Exhaust Extraction System Installed

Automotive Technology Lab



Frontier Community College is grateful to CEO Terry Bruce, CFO Roger Browning, and the Illinois Eastern Community Colleges Board of Trustees for providing the funds to install an exhaust extraction system in the automotive lab.

Even though vehicles run for a short time indoors, the odorless carbon monoxide builds up in the building and becomes a safety issue. The new system will provide a way to control and remove the exhaust fumes. There are 11 hoses available for students to use during labs.

The Automotive Technology Program was started in the fall of 2013

PTK Illinois Regional Convention

The Illinois Regional Phi Theta Kappa Conference was held Saturday, June 6, on the campus of Frontier Community College. There were over 160 attendees present from approximately 30 community colleges. FCC President Jay Edgren welcomed the attendees to campus.

Saturday evening, an award gala was held. Frontier's Beta Alpha Lambda Chapter received the following awards:

Tyler Winkler: Illinois Region Phi Theta Kappa Leader of Distinction Award
Carrie Stephens and Sarah Pickens: named Illinois Hall of Member Award

recipients for the contributions to the organization as officers in their local chapter.

Ashlee Spannagel: Horizon Award

Representing Frontier's Chapter, Adrienne Sons was installed as the 2015-2016 Illinois Region Phi Theta Kappa Southern District Vice President.

The conference was co-hosted by the Phi Theta Kappa Chapters at Frontier Community College and Lincoln Trail College.

The day's activities were organized by Frontier's Beta Alpha Lambda students and PTK Advisor Ashlee Spannagel.



Pictured: Katalin Blasdel, Tyra Winkler, Ashlee Spannagel, and Adrienne Sons.

Rural Health Summer Camp

The 2015 Rural Health Summer Camp was held on June 5 in collaboration with South East Illinois Area Health Education Center (AHEC), Fairfield Memorial Hospital, and Frontier Community College.

Attending the one day camp were seven sophomores and juniors from Edwards County High School who shown an interest in the healthcare professions.

The morning session, held on the Frontier Community College campus, started with introductions and ice breakers by Megan Black, Director of Instruction Services. Beth Wilson, RN, BSN, SANE, SEI-AHEC Director, provided information on HIPPA and consent. Students moved about the campus for the following presentations: Anatomy Lab, Nixie Hnetkovsky, Science Facul-

ty; CPR, Leslie Scott, Assistant Director of Emergency Preparedness; and the Nursing SIM Lab, Wanda Douglas, Nursing Faculty.

Porter, Nutritionist Trent Henry, and Dr. Nicole Fyie-Vaughn, MD.

Following lunch, students toured Fairfield Memorial Hospital with an

opportunity to see Radiology, Physical Therapy, Respiratory Therapy, EMS, and Air-Evac.

The day wrapped up on Frontier's campus. Lori Noe, Coordinator of Financial Aid at Frontier Community College, discussed available financial aid, such as grants and scholarships, to help with col-



lege expenses. The group listened to a panel of healthcare professionals and college students. The panel included: Nursing students Leslie Wilson and Barbara Fell, Physical Therapy student Tyler

The Rural Health Summer Camp is held each summer under the direction of Beth Wilson, South East Illinois Area Health Education Center Director.

**Jarad Blanton - Fairfield
Fire Suppression Specialist
2015 graduate**

Comments by Jarad:

The small class sizes during this program allowed me to get a lot more hands on training and more close guidance from the instructors.

The instructors were excellent. They all have many years of firefighting experience and were able to communicate the material very effectively. The schedule of the classes for the program

was very convenient and the instructors were flexible, which allowed me to complete the program while working another job.

All of the FCC staff I have dealt with while taking this program were very helpful and kept me informed on what requirements I had yet to complete for the various classes.



**Johnathon Garrett - Flora
Information Systems Support
2015 Graduate**

In the fall of 2012, Johnathon Garrett enrolled in the first course in the Information Systems Support Program. In the spring, he enrolled in one more course. He knew he was interested in the information technology field and made the commitment to enroll full-time in the fall of 2013 with a goal of completing the two-year degree program.

This past fall, Johnathon received an internship at Hella Electronics in Flora. He took full advantage of this opportunity to improve his skills in IT and to prove himself to the company. In February 2015, Johnathon was hired full-time as a Shop Floor Software Specialist. He is responsible for a variety of tasks such as maintaining the computers on the production floor, implementing new software, and troubleshooting any issues that arise. "During my short time, I have already been sent to Germany to work for two weeks,"

Johnathon stated of the exciting new opportunities he has faced thus far.

"The ISS program helped me hone my skills," stated Johnathon. "The labs were easy to understand and the instructors didn't just tell you how it's



done, you were shown the right way. I am proud of what I have accomplished through Frontier Community College and I look forward to continuing my education."

Johnathon and his wife, Julie reside in Flora. Julie attended the IECC Nursing Program at Frontier Community College and graduated in May 2012. She is the Nurse Manager at Clay County Hospital. She completed the RN to BSN program through the University of Louisiana Lafayette in February 2015.

**Jessica Simpson – Mt. Carmel
Phlebotomy
2015 graduate**

Jessica enrolled in the one-year Phlebotomy program in the fall of 2014. The first semester is spent in the classroom with theory and lab. The spring semester is an externship at a medical facility. Jessica wasted no time looking for an opportunity to use her new skills. In November 2014, she obtained a part time job as a Phlebotomist at Deaconess Hospital in Evansville, Indiana. It was a win, win situation. The skills she learned on the job also helped her in her coursework at Frontier.

At Deaconess, she began drawing labs for inpatients and outpatients. This would include drawing blood specimens from the patients, making sure there is the appropriate amount in the appropriate tube and that it is delivered

to the lab for testing in a timely manner. In the spring semester during clinical rotation at Wabash General Hospital for the Phlebotomy Program, Jessica accepted a part-time position at the hospital. Jessica performs many of the same duties at both hospitals, with different rules and regulations at each location.



really into science, especially human anatomy, so the program really fascinated me in being able to learn about how our circulatory system works.”

With an interest in science, the Phlebotomy Program at Frontier was a great fit for Jessica. “I really enjoyed the clinical setting,” stated Jessica. I’m

Pictured above: Shea and Jessica Simpson. Sisters from Mt. Carmel, both graduated with the Phlebotomy certificate.

**Brad Yeager - Fairfield
Emergency Medical Technician
2015 graduate**

Brad enrolled in the Emergency Medical Technician course in the fall of 2014. After completing the course, Brad began working in February 2015 as a Basic EMT for the Wayne County Ambulance Service. Brad also joined the City of Fairfield Fire Department as a Volunteer Firefighter and a Certified First Responder. In these roles, he performs patient assessments, administers medication to patients, and controls bleeds.

“I enjoyed the fact that the class was taught by an active EMT Basic. This lends a sense of authenticity to the program,” stated Brad. “I got the feeling that I wasn’t being taught by a professional educator, but by someone who actually does the job and under-

stands the nuances and can provide insight. I enjoyed my time at FCC. The instructors were knowledgeable and passionate about the subjects they taught.”



**Jake Wright – Fairfield
Dylan Wells - Fairfield
Electrical Distribution Systems
2015 graduates**

Jake and Dylan began working as a Lineman at S.K. Smith Electric in Mt. Carmel in May 2015. In this position, they have been working with crossarm, braces, and bracket installation on

new and existing poles, removing and setting new poles, setting structures for electrical boxes and fuses for farm equipment and other machinery. The training they received in the Electrical Distribution Systems Program prepared them for this job.

Jake Wright



Dylan Wells

The Bobcat Den Update

Remodeling continues at the Bobcat Den Fitness Center. The lower level will house the coffeehouse/student lounge and a weight room. The upper level will house the exercise area and office space for the athletic director and coaches. The goal is to have it ready in October 2015.



Due to termite damage, the west wall and stairway are being removed and then will be rebuilt.



Drywall is going up in the Bobcat Coffeehouse. A doorway has been cut that leads into the student lounge (pictured right).

Bottom right: Plumbing and electrical boxes are set in the room that will house the ice machine and utility room.

