

LTC NETWORK

December 2014

- 4 *CNA Exam*, 4:30 p.m.,
Williams Hall
 - 5 *Student Recital*, 7 p.m.,
Theater
 - 6 *Santa Day*, 1-4 p.m.,
Student Union
Tuba Christmas, 3 p.m.,
Theater
Fall Concert, 7 p.m.,
Theater
 - 7 *Fall Recitals*, 1:30 & 3
p.m., Theater
 - 8 *IECC Board Meeting*,
FCC
 - 10 *Compass Testing*, 2 p.m.,
Williams Hall
 - 12 *Last Day of Fall Classes*
Last Day to Withdraw
 - 13 *Compass Testing*, 9 a.m.,
Williams Hall
 - 14 *Holiday Concert*, 3 p.m.,
Theater
 - 19 *Last Day of Fall Semester*
 - 22 *Winter Break Begins*
- Jan. 5 *College Reopens*

**Network is a joint
project of Lincoln
Trail College &
Lincoln Trail College
Foundation**

TRICK OR TREAT AT THE TRAIL



This year's Trick or Treat at the Trail brought 2,606 people to Lincoln Trail College. The annual event celebrated its 13th year on October 30th.

Trick or Treat at the Trail provides a fun, safe environment for kids to go trick or treating. Student groups and campus organizations dress up in themed costumes and hand out candy to the kids. Several local businesses also participated in the event along with the LTC Foundation to give out free candy and Halloween items.

"It's a great opportunity for our big kids, our college kids, to take part in a community event, and we really are happy that everyone can come out and do a safe trick or treating event on our campus and see what our campus has to offer. All of the departments get involved and it's just very exciting," Lincoln Trail College President Kathryn Harris said.

This year's event drew 340 more people than last year's Trick or Treat at the Trail.



AREA STUDENTS CONSIDER COLLEGE CHOICES

About 400 students from local and area high schools got the chance to learn about different colleges during Lincoln Trail College's Annual College Fair. Local high schools bused students to the Lincoln Trail College Sports Center. LTC students and the public also got a chance to learn about college choices.

More than 35 colleges and universities from around the area attended the event.

LTC PREPARES FOR SMOKE-OUT

College campuses across Illinois are going smoke free next year and Lincoln Trail College is using the Great American Smoke-out on November 20 to help get students ready to stop smoking.

"We as a college are participating in the "Great American Smoke-out" to increase the awareness of a smoke free campus by July 1st 2015, and to improve the health of our students," President Kathryn Harris said.

Lincoln Trail College is working with the University of Rochester School of Medicine and Dentistry to help students quit smoking. LTC is helping promote an online research study that could pay students up to \$45. The survey is open to community college students that are

at least 18-years-old and ready to quit smoking in the next three months.

The purpose of the Web Assisted Tobacco Intervention is to help reduce smoking rates among community college students. The smoking rate of community college students is 28-30%, while the smoking rate of the general population is 16%.

Students that voluntarily enroll in the study get paid to take a series of surveys. Students can also enroll in a Quit for Life program to help them stop smoking. The program is funded by a grant from the National Cancer Institute.

Students that want to participate in the study can go to wati.urmc.edu.

LTC Basketball Schedule

December 2014

- 3 Vincennes - Women
Vincennes - Men
- 6 Shawnee - Women
Shawnee - Men
- 11 Three Rivers - Men

Women's games start at
5:30 p.m.

Men's games start at
7:30 p.m.

**Come
Support
the
Statesmen!**

Athletics



LTC'S BASKETBALL FLOOR RECOGNIZED BY MAGAZINE

The NJCAA featured the newly updated floor at the Lincoln Trail College Sports Center in its October issue of "NJCAA Review Magazine."

The floor was updated for the first time since 2000. Women's basketball coach Scott Sparks designed the new floor, which prominently features the Lincoln Trail College athletics logo at center court. The outer court is a light, natural wood finish. A darker varnish was used inside the 3-point line. The lane maintains the natural wood finish to provide contrast.

"It's really clean and crisp and definitely brightened up the gym," said Sparks. "I think anybody that walks into this gym and sees the floor is going to appreciate what we have to offer here at Lincoln Trail College."

The magazine featured the floor in a section that focused on facilities throughout the country. It covered the design process and also acknowledged the late Jeremy "Sandman" Ackerman, who did the surfacing work on the floor. He passed away in August.



LTC RINGS IN THE SEASON

Lincoln Trail College will celebrate the season with a series of events in December.

Santa Day will kick off the festivities on December 6th at the Student Union from 1-4 p.m. Kids in the community can take part in free seasonal games, activities and craft projects. Santa Claus will meet with children in the LTC Library and kids can get their pictures taken with Jolly Old St. Nick.

Area low brass musicians will get together on December 6th for the annual Tuba Christmas Concert at 3 p.m. at the Zwermann Arts Center Theater. LTC's Fall Concert takes place that night at 7 p.m.

Lincoln Trail College will present a Holiday Concert on December 14th at 3 p.m. at the Zwermann Arts Center Theater.