

LTC NETWORK

MARCH 2013

- 1 **LTC graduation application deadline**
Teachers' Institute
7 a.m.-4 p.m., campuswide
- 4 **Pulaski Day**, no day or evening classes
- 5 **TEAS testing**, 8:30 a.m.-2 p.m., WH116
- 5-8 **Spring break**, no day or evening classes
- 6 **Career Day**, 8 a.m.-3 p.m., campuswide
Baseball hosts Rend Lake, 1:30 p.m., Parker Field
- 10 **Time change**, move clocks forward one hour
- 11 **Children's Art Show Exhibit opens**, LRC
Art show reception, 4:30-6:30 p.m., LRC
ACT English Prep begins, 6-8:50 p.m. Mondays
- 12 **EIU campus visit**, 9:30 a.m.-1 p.m., WH lobby
Dog Obedience begins, 6-8 p.m. Tuesdays, Activity Annex
- 13 **SMWC campus visit**, 10 a.m.-2 p.m., WH lobby

Network is a joint project of Lincoln Trail College & Lincoln Trail College Foundation



College celebrates wellness at event

To call attention to the importance of personal health and safety, Lincoln Trail College hosted its annual Health Awareness Day for the public from 10 a.m. to 1 p.m. Feb. 6 in the LTC gym.

The free event featured booths that focused on: blood sugar and blood pressure testing, massage therapy, counseling, hearing, lifting, eye protection, vision and dental care, mental health and stress services, and more.

Health Awareness Day is presented by community health care providers and LTC's career/technical and health care programs. Door prizes and giveaways were awarded during the course of the event.

Vendors present included: Sam's Club Pharmacy and Vision Center; Gateway Foundation Drug and Alcohol

Rehabilitation; Healing Harbor Child Advocacy Center; Timber Creek Village; Crawford Memorial Hospital dietician; University of Illinois Extension Office; Crawford Chiropractic; Illinois Secretary of State; Organ Donation; Dr. Pat McMillan Dentistry; Southeastern Illinois Counseling Centers; LTC nursing: blood pressure testing, sun exposure and effects of drunk driving; LTC health occupations: food portions and germ detection; LTC Health Careers Club: blood sugar testing and height/weight/BMI; Horticulture: poison ivy/poison oak information; LTC telecommunications: lifting safety; Leadership Crawford County: AED awareness; LTC process technology: hearing safety; LTC Welding: eye protection; and Kristen Henry, massage therapy.

Singing Valentines

LTC's Statesmen Singers performed Singing Valentines Feb. 14 to raise money for their spring trip to Nashville.

Area recipients received a song and a rose from the award-winning vocal ensemble, under the direction of Jeshua Franklin.



LTC hosts Jazz Day clinic/concert

Trumpeter and composer Doug Beach, the Elmhurst College Jazz Band and the Lincoln Trail College Jazz Band performed Jan. 17 as part of LTC's annual Jazz Day festivities.

Beach is a performer, publisher, arranger and educator. He currently serves as the director of the Elmhurst College Jazz Band and the director of jazz studies. His company, Doug Beach Music, is a leading publisher of educational jazz music.

Beach has won awards for composition from the

American Society of Composers, Authors, and Publishers (ASCAP) and, in 1996, the Count Basie Orchestra and New York Voices recorded his arrangement of "Cottontail" on a CD that went on to win the Grammy Award for best large jazz ensemble.

The 19-piece Elmhurst College Jazz Band has toured 17 nations and twice been honored with invitations from the U.S. State Department to tour Europe. Performances with well-known guests artists are a

staple to the band's schedule. Recent artists have included: Bobby Shew, Louie Bellson, Pete Christlieb, Conte Candoli, Diane Schuur, Terry Gibbs, Denis DiBlasio, Chris Vadala and Frank Mantooth. The group also participates in a number of jazz festivals nationwide.

Prior to the evening concert, Beach and the Elmhurst Jazz Band will conduct master classes and a clinic for select area high school and college band students.

- 13 **Testing**, 1-3 p.m., Williams Hall
- 14 **Softball hosts Southeastern**, 2&4 p.m., city park
ACT Math Prep begins, 6-8:50 p.m. Thursdays
Ornamental Welding begins, 6-8 p.m. Thursdays
- 16 **Softball hosts Rend Lake**, 12&2 p.m., city park
Baseball hosts Wabash Valley, 12 p.m., Parker Field
- 21 **SIU campus visit**, 12-2 p.m., WH lobby
Baseball hosts Southwestern, 1:30 p.m., Parker Field
Defensive Driving, 6-10 p.m., Harry L. Crisp Educational Center
- 23 **College for Kids**, 8 a.m.-1 p.m., campuswide
Karate testing, 10 a.m.-3 p.m., gym
Softball hosts Lake Land, 12&2 p.m., city park
- 25 **Baseball hosts Danville**, 3 p.m., Parker Field
- 26 **Softball hosts Wabash Valley**, 2&4 p.m., city park
- 28 **Testing and advising**, 10 a.m.-12 p.m., WH
Softball hosts Shawnee, 12&2 p.m., city park
Baseball hosts Kaskaskia, 3 p.m., Parker Field
- 29 **College closed for Spring Holiday**, no day or evening classes
- 31 **Easter**

College hosts Admissions/FAFSA night

Lincoln Trail College will host its fifth annual Admissions and FAFSA Completion Night from 4 to 7 p.m. Feb. 21 in Williams Hall.

The free event will give parents and students an opportunity to get set for college in a single night. At the open house event, participants can

complete and submit the Free Application for Federal Student Aid (FAFSA) form online, receive scholarship information, discuss LTC's technical programs with lead instructors, get assistance completing the application process for admission to LTC, and get answers to college-relat-

ed questions.

Participants are asked to bring student and parent 2012 federal tax return and W-2s. Visit www.pin.ed.gov to request a PIN for both the student and parent prior to the event. For more information, call 618-544-8657, ext. 1150 or 1122.

Courses prep students for ACT

Score big on the ACT as Lincoln Trail College presents math and English preparation courses this spring.

Instructor Lisa Maple will lead the English prep class from 6 to 8:50 p.m. Mondays March 11 through April 15. The course will help prepare students for the English and composition portions of the ACT. Course content will include reviews of: punctuation, grammar and usage, and sentence structure; writing strategy, organization and style; and practice ACT-type tests.

Instructor Danielle Zerkle will lead the mathematics prep class from 6 to 8:50 p.m. Thursdays March 14 through April 18 in Williams Hall 118. These sessions are designed to help prepare students for the six math topics covered on the standardized test: pre-algebra, elementary algebra, intermediate algebra, coordinate geometry, plane geometry, and trigonometry. Course content will include test-taking strategies with an emphasis on vocabulary, recognition of problem types, and solution strategies unique to each section.

To register, call Admissions at 618-544-8657, ext. 1097.

Defensive driving offered districtwide

Several National Safety Council Defensive Driving courses (DDC-4) will be offered throughout the Illinois Eastern Community Colleges District during March.

Classes will be offered from 6 to 10 p.m. March 11 at Wabash Valley College Science Building Room 55; March 13, Frontier Community College Foundation Hall; March 19, Olney Central College Wattleworth Hall Room 114; and March 21, Lincoln Trail College Harry L. Crisp Educational Center Room 106.

The DDC-4 course is a classroom "face-to-face" course. It is accepted as an assigned driving course as required for traffic-related court supervision. Some insurance companies will provide a discount for successful completers of this course. Participants successfully completing the one-night course will receive a National Safety Council, DDC-4 Certificate. The cost for this class is \$50. Special rates are available to senior citizens wishing a refresher on safe driving skills.

To register, contact Donna Boyd at Lincoln Trail College, (618) 544-8657, ext. 1165.

College for Kids offers Saturday education

Lincoln Trail College is currently taking registration for its spring College for Kids program on March 23.

College for Kids is a morning of unique enrichment courses for students in grades kindergarten through six. The classes offer students an opportunity to use their imaginations and socialize with students from other area schools.

Registration will begin at 8 a.m. in Williams Hall. Sessions beginning



at 9 a.m. include: Storybook Adventure, K-1; Boom-whackers, K-1; Dr. Seuss Magic, K-1; Intro to Embroidery, K-1; Intro to Cookie Decorating, K-1; Say It, Sign It, grades 2-4; Intro to Cookie

Decorating, 2-4; Snakes Alive, 2-4; Intro to Embroidery, 2-4; Exploring the Piano, 2-4; Snakes Alive, grades 5-6; Crash into Culture, 5-6; Intro to Cookie Decorating, 5-6; Intro to Embroidery, 5-6; Say It, Sign It, 5-6.

Cost is \$10 per session. To register your child, call Community Service at (618) 544-8657, ext. 1130. Registration deadline is March 20. Registration forms will be distributed in area schools. Space is limited.

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