



LINCOLN TRAIL COLLEGE *Network*

MARCH 2017

UPCOMING APRIL EVENTS

- 1 **Final Four Viewing Party**
6 p.m., Cafeteria
- The Music Man**
7 p.m., Zwermann Arts Center Theater
- 2 **The Music Man**
2 p.m., Zwermann Arts Center Theater
- 3 **SIU Table Visit**
10-2, Williams Hall Foyer
- 5 **EIU Table Visit**
10-1, Williams Hall Foyer
- 6 **LTC Foundation Concert Series:
Taylor, Chapin, and Eva**
7 a.m., Theater
- 7 **Broadband Telecom Preview Day**
10-12:30, Crisp Center
- Spring Classic All Star Game**
6 p.m., Sports Center
- 8 **Pearson VUE Testing**
9 a.m., Williams Hall 117/118
- 10 **Accuplacer Testing**
12 p.m., Williams Hall 119
- 14 **COLLEGE CLOSED - Spring Holiday**
- 15 **Karate Tournament**
11 a.m., Sports Center
- 19 **Broadband Telecom Advisory Council**
10:30, Lincoln Room
- Craze Daze**
11, Miller Lake Pavilion
- 20 **Safety Council Meeting**
12 p.m., Lincoln Room
- 21 **Pearson VUE Testing**
9 a.m., Williams Hall 117/118
- 23 **Youth Recitals**
1:30 p.m., Zwermann Arts Center Theater
- 26 **Student Honors Night**
7 p.m., Zwermann Arts Center Theater
- 27 **LTC Foundation Meeting**
12 p.m., Lincoln Room
- 28 **Student Recitals**
7 p.m., Zwermann Arts Center Theater
- 29 **Babysitter Training Class**
8 a.m., Student Union 207
- 30 **Spring Choir Concert**
3 p.m., Zwermann Arts Center Theater

Network is a joint project of Lincoln Trail
College & Lincoln Trail College Foundation

STAMBAUGH JOINS LTC



Destiny Stambaugh has joined Lincoln Trail College as the Coordinator of Financial Aid.

Prior to coming to the college, Stambaugh served as an account representative and biller for Crawford Memorial Hospital. In her career, Stambaugh has also worked in the emergency room at Sarah Bush Lincoln Hospital and for the Lincolnland Hospice.

Stambaugh is already very familiar with Lincoln Trail College. She earned an Associate Degree in Science and Arts from LTC. As a student, she was a member of the Phi Theta Kappa Honor Society and the Statesmen Singers. She also met her husband Joe in a

speech class.

“I had a wonderful experience at LTC,” said Stambaugh. “I am really looking forward to assisting students in their journey at the college.”

After graduating from LTC, Stambaugh transferred to Eastern Illinois University where she graduated magna cum laude with a Bachelor’s Degree in Health Administration with a minor in business administration.

Stambaugh grew up in West York, Ill. and graduated from Hutsonville High School.

LTC FOUNDATION SCHOLARSHIP APPLICATION DEADLINE

APRIL 1



HIGGINBOTHAM PROMOTED TO ASSISTANT DEAN



Julie Higginbotham has been named the new Assistant Dean of Student Services at Lincoln Trail College.

Higginbotham is no stranger to the college. She earned an Associate in Applied Science: Executive Secretarial Degree from LTC in 1988. She's worked at the college for 28 years. As a student, she held a work-study position in the Admission and Records Office. She was employed as a part-time worker in the Business Office before moving to a full-time position in the Admission and Records Office.

Higginbotham's family also has ties to the college. Her two children earned Welding Certificates from LTC.

Higginbotham has been active in the community outside of LTC. She helps coordinate volunteers to work as gate workers at the Martinsville Fair. She's served in the PTO, coached Little League softball and ran the Youth Football League with her husband for three years. She's also served as a leader in her church's Awana

program.

As the Assistant Dean of Student Services, Higginbotham will oversee and manage admissions, records, recruiting, advising, financial aid, and student completion at Lincoln Trail College.

LTC HOSTS BROADBAND TELECOM PREVIEW DAY

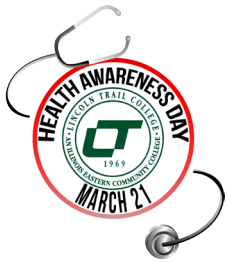
People interested in Lincoln Trail College's Broadband Telecom program will have a chance to learn more about it during a preview day April 7.

Prospective students will get the chance to experience what LTC's unique program is all about. Prospective students will meet with Broadband Telecom faculty and staff beginning at 10 a.m.. Current students in the program will give tours of LTC's facility. Prospective students will also get a taste for the program with hands-on demonstrations of projects in the program. The day ends with lunch and student panels at noon.

Prospective students that want to participate in the free Broadband Telecom Preview Day need to RSVP by March 31 by contacting either Erin Volk at 618-544-8657 ext. 1168 or Tyler Browning at 618-544-8657 ext. 1122.



HEALTH AWARENESS DAY SET FOR MARCH 21



Lincoln Trail College will give you a chance to learn more about your health during Health Awareness Day on March 21 at the Sports Center.

The event is open to the public and will give people the chance to learn about different health services available in the community. People will also be able to get simple health checks like weight, body mass index and blood sugar.

Several Lincoln Trail College programs will have booths at Health Awareness Day to promote topics like sun safety and patient rights.

Lincoln Trail College has invited several community partners to participate in the event. They'll have booths on topics like nutrition, yoga, smoke and carbon monoxide detectors and chiropractic care.

The free event runs from 9 AM to 1 PM on March 21.

FIVE INGREDIENT FIX WRAPS UP SPRING WELLNESS SERIES

Lincoln Trail College's Spring Wellness Series continues on April 6 with a program that will help you make simple and nutritious meals.



The college is teaming up with the University of Illinois Extension for the free Five Ingredient Fix class at 5 p.m. on April 6. The class will teach you how you can make simple recipes that are tasty and good for you.

The course will cover what ingredient lend themselves to simple preparation. You can sample some recipes that use five ingredients or less, and you'll also practice writing a menu with a short grocery list.

The class is free and open to the public and takes place at the Lincoln Trail College Library. You can register by calling 618-544-8657, ext. 1427. There is an April 5 registration deadline.

LTC OFFERING DOG OBEDIENCE CLASS



Do you have a dog that needs a little bit of training?

Lincoln Trail College is going to offer a basic dog obedience class. The class will teach you and your

dog some of the essential skills every good dog should have.

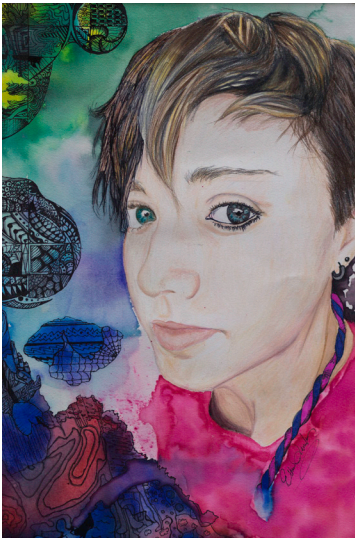
The class is open to dogs that are over four-months-old and all dogs in the class must be vaccinated for rabies. Owners will have to have proof of the vaccinations.

A class for dogs weighing less than 40 pounds takes place on Tuesday nights from 6-7:30 PM from April 4 to May 9.

A class for dogs weighing more than 40 pounds takes place on Thursday nights from 6-7:30 PM from April 6 to May 11.

The cost of the Basic Dog Obedience class is \$50. You can call 618-544-8657, ext. 1427 to register. There is a March 30 registration deadline.

LTC CELEBRATES ART



Chapps

The work of area high school artists will be on display at the Lincoln Trail College Library from March 15 to April 28 for the 2017 Celebrate Art! show.

Artists from area high schools were asked to submit their work for this year's competition. A total of 59 different pieces were submitted. Four judges reviewed the pieces and the top eight were chosen for the show.

Oblong High School's Ethan Quinlan won the Best of Show honor for his piece, "Chapps." In addition to winning Best of Show, Quinlan also won a \$50 gift certificate to the Lincoln Trail College Bookstore.

Hutsonville High School's Aubrey Heleine ("Sea Turtle"), Grayce Hightshoe ("Owl Always Love You" and "Lion

Zentangle"), and Tyler Russell ("Huck"), and Oblong High School's Chassey Lingafelter ("Octopus"), Michaela Spraggins ("Birdie Sanders"), and Summer Weger ("Untitled") won Outstanding Artist Awards.

All of the artists that participated had the chance to hear from local artist Karla Ries during Celebrate Art! Day on March 9. Ries shared her experiences with the students and also showed



Area students visit LTC for Celebrate Art! Day

LTC OFFERS BASIC CROCHET CLASS



Lincoln Trail College is going to offer a class beginning in April that will help you learn to crochet.

The Basic Crochet class provides an introduction for beginners and will review the basic techniques for people that want a refresher.

Participants in the class should bring a size H or I crochet hook and Red Heart Yarn in a pastel or bright, solid color.

The Basic Crochet meets from 6-8 PM on April 5, 12, 19, 26, and May 3. The cost of the class is \$30.

To register for Basic Crochet, call 618-544-8657, ext. 1427.

TAYLOR, CHAPIN, AND EVA PERFORMING AT LTC

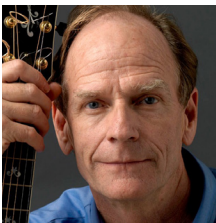


Folk music will take center stage April 6 at 7 p.m. as the Lincoln Trail College Foundation Concert Series continues with Taylor, Chapin & EVA featuring Livingston Taylor and Tom Chapin.

Livingston Taylor, Tom Chapin and EVA found themselves together in New York City in early 2014 and someone said, “What this world needs now is a new funky folk group.” One thing led to another, and voila! Every idea inspired a better idea and the birth happened!

Tom Chapin and Livingston Taylor are two of the most revered and loved singer-songwriters of our generation.

EVA are one of the most exciting new groups in the world of contemporary folk music. Each of them bring their own unique sound and repertoire to the stage and then they blend their voices and talent together, presenting a truly memorable evening of song, stunning harmonies and superior musicianship that will not soon be forgotten.



Livingston Taylor

Singer-Songwriter and consummate stage performer Livingston Taylor has been performing his sometimes quirky, irreverent, soul-baring songs for 4 decades. Since the age of 19, he has written most of his music repertoire including such hits as “I’ll Come Running”, “I Will be in Love with You” and “Boatman”, later recorded by brother James. Liv has recorded with Carly Simon, Take 6 and Jimmy Buffet - just to name a few of his many collaborators and admirers.



Tom Chapin

In a career that spans five decades, 24 albums and three Grammy awards, the multi-talented singer-songwriter-guitarist Tom Chapin has traveled two long and productive parallel musical paths, both as a treasured contemporary folk artist and as a pioneer in the field of children’s music. In concert he serves up a mix of story songs, ballads, comedic and political songs, family music, sing-alongs, old-time folk classics and a song or two of his late brother Harry’s. Poet, satirist, humanitarian, family man, environmentalist; Tom’s songs tell the stories of our times.



EVA

2013/14 Mid Atlantic Arts Connect recipients, EVA blends memorable renditions of traditional and original folk music and elements of improvisation from each of their cultures. Their willingness to combine and share their different cultural backgrounds, coupled with their rare individual talents is causing the contemporary folk world to stand up and take notice.

Tickets for the April 6 concert are available from the LTC Foundation Office or by calling 618-544-2373.



MARCH SPORTS CALENDAR

Baseball

1	John A. Logan	3:00
3	at Vincennes	3:00
6	Southwestern	3:00
8	at Southwestern	1:00
11	Vincennes	3:00
13	at Frontier CC	3:00
15	Frontier CC	1:00
18	at Lake Land	3:00
20	Kaskaskia	3:00
22	at Kaskaskia	1:00
25	Lake Land	1:00
27	Shawnee	3:00
29	at Shawnee	1:00

Golf

1	Oakland City Oaks Invitational at Montgomery, IN
9-10	LTC Spring Invitational Quail Creek Country Club
23-24	Rend Lake Spring Invitational at West Frankfort, IL
30-5/1	Region 24/District I Golf Tmt. at Bloomington, IL

Softball

1	Shawnee	12:00
4	Rend Lake	2:00
6	at Wabash Valley	2:00
8	Kaskaskia	2:00
9	Lindenwood JV	2:00
11	at Olney Central	2:00
13	Southwestern	2:00
14	John A. Logan	12:00
18	Southeastern	2:00
20	Lake Land	2:00
21	at Frontier CC	2:00
22	at Shawnee	12:00

Follow the Statesmen at
ltcathletics.com

SPRING CLASSIC ALL-STAR GAME



Some of the area's best basketball players will take part in the 5th Annual Illinois vs. Indiana All-Star Spring Classic at Lincoln Trail College April 7.

Senior high school basketball players from the area in Illinois and Indiana have been invited to participate in the game. The rosters for this year's teams are still being finalized.

The women's game tips off at 6:00 p.m. on April 7 with the men's game following at 7:30 p.m.

CARRASCO 8TH IN BLOCKS



Lincoln Trail College sophomore Ashton Carrasco finished in the top ten in the nation in blocks for the second consecutive year.

Carrasco finished the season with 80 blocks, which was eighth in the nation. In her freshman season, she was fifth in the nation with 83 blocks.

The 6'4" sophomore also average 7.3 points per game and 9.5 rebounds per game for the Lady Statesmen.