



# LINCOLN TRAIL COLLEGE *Network*

FEBRUARY 2017

## UPCOMING MARCH EVENTS

- 1 **Living Well with Diabetes**  
5 p.m., Library
- 2 **EIU Table Visit**  
12-4 p.m., Williams Hall Foyer
- 3 **Midterm**
- 6-10 **Spring Break**
- 8 **Twin Rivers/LTC Career Day**
- 9 **Celebrate Art! Day**  
9 a.m., Theater/Cafeteria
- Crawford Co. University Women Meeting**  
7 p.m., Library
- 11 **Pearson VUE Testing**  
9 a.m., Williams Hall 117/118
- 14 **Accuplacer Testing**  
3 p.m., Williams Hall 119
- 15 **Phi Theta Kappa Cookie Sales**  
10-1, Williams Hall Foyer
- Phi Theta Kappa Induction Ceremony**  
6 p.m., Cafeteria
- 16 **Safety Council Meeting**  
12 p.m., Lincoln Room
- 17 **Graduation Application Deadline**
- 23 **LTC Foundation Meeting**  
12 p.m., Lincoln Room
- 24 **CIC Testing**  
10:30 a.m., Williams Hall 117
- The Music Man**  
7 p.m., Zwermann Arts Center Theater
- 25 **Pearson VUE Testing**  
9 a.m., Williams Hall 117/118
- The Music Man**  
7 p.m., Zwermann Arts Center Theater
- 26 **The Music Man**  
2 p.m., Zwermann Arts Center Theater
- 27 **McKendree College Visit**  
10-12, Williams Hall Hallway
- 28 **Summer Registration Begins**
- 29 **Phi Theta Kappa Cookie Sales**  
10-1, Williams Hall Foyer
- 31 **The Music Man**  
7 p.m., Zwermann Arts Center Theater

Network is a joint project of Lincoln Trail  
College & Lincoln Trail College Foundation

## LTC ALUM APPEARS ON THE SELECTION



“I wanted to see and learn my true self.”

It was with that thought in mind that Adam Pepper ('00) chose to participate in the History show, *The Selection: Special Operations Experiment*. The program placed 30 men and women with no military background through military special operations training.

Pepper, who played basketball at Lincoln Trail College, originally tried out for the show with a friend. They both wanted to see who between them could pass a Special Operations physical fitness test. At first, he didn't believe that he passed the test, but a producer informed him that he did and that led to an additional screening process to be cast for the show.

When he had the opportunity to join the show, he took it because he wanted to learn more about himself.

“I've always had a passion for working out and fitness because I know the riches they can bring to you and your life. As a former athlete and a competitive person with a history of active competitions and experiences playing with pain, I felt that my training background could make a difference on how well I performed through the course. Many students in SEAL/BUDS training are former athletes, so I wanted to see if I could be pushed beyond my limits of mind and body and see if I had what it takes to train with the elites.”

Three Navy SEALs, two Special Forces Green Berets and an Army Ranger served as the instructors for *The Selection*. They led the candidates through challenges designed to test mental and physical toughness. Those challenges included tear gas, interrogations and what it is like to be captured by an enemy. The participants were not competing for cash or prizes and there were no weekly eliminations like many reality shows. Participants could voluntarily leave at any stage of the show.

*Story continues on Page 2...*

## LTC ALUM APPEARS ON THE SELECTION

*...continued from Page 1.*

Pepper says his experiences during The Selection have been life-changing.

“It has changed my perspective on what it means to be a good citizen and, more importantly, a good American. It was a difficult eye-opening journey for me. My toughness and never-quit attitude are born from my motivation, which I try to evolve into my daily disciplines and fitness training habits. I feel like this course has developed my mental and physical stamina and leadership skills. I am confident that this training has sharpened my skills and confidence to succeed in today combat environment.”

For Pepper, The Selection also proved to be a journey of self-discovery and he learned a lot about himself.

“I am stronger than I think I am. To never quit. It pays to be a winner. I know how my body and mind will react to stressful situations. To never leave your teammate behind. To suffer in silence. To respect and be humble. I learned to play for the name on the front, instead of the name on the back. To go for it with all your heart and soul or don't bother trying. To understand pain and failure and how I can turn it to success and goal achievement. To find my why. At the end of the day, SEAL/Buds training is not about how many pull-ups you can do, or how fast you can swim or run the obstacle course. It's about Life and your desire committed to be in or out.”

What Pepper took away from The Selection are similar to some of the same life lessons he learned while at Lincoln Trail College. He found inspiration in basketball coach Rick Arp in his commitment and dedication to succeeding the right way on and off the court. Holding a special place in his heart are Don and Melanie Corn.

“Although the faculty, staff, and coaches were amazing I would have to say that without Don and Melanie Corn I probably would not have finished my education. I cannot say enough about these people and what they do for others. At my time in school we had non-traditional students that were maybe also international students, away from their families or no family at all, or raised by single parent, or already started parenthood, or just needed guidance. I know I did. I remember the Corn family always reaching out to me and other students and always going above and beyond to enrich the success of each student. No one paid them to do these things they just did them out of the kindest of their hearts. I will always hold the highest gratitude to all my LTC family, but Don and Melanie Corn will always hold a special place in my heart. They were more than just educators. They were life changers for me and a lot of other students.”

He says that he got a lot of support at LTC and that helped with his success. He says the smaller class sizes and one-on-one attention from instructors allowed him to learn at his own pace. That attention is why he would recommend LTC to someone.

“LTC offers a wide variety of support services to assist students in improving their skills in reading, writing, and mathematics. I believe students who begin their academic careers at a community college and then transfer to a university are more successful than those who begin at a university.”

Pepper earned an Associate of Science degree from Lincoln Trail College in 2000. He went on to Indiana University-Southeast where he was a student-athlete and earned two Bachelor's degrees in Business and Communications. He was hired by the United States Customs and Border Protection in 2010.

## CONSTRUCTION PROGRAM RENOVATES MAINTENANCE BUILDING



Students in Lincoln Trail College's Construction program are continuing to improve the college campus.

Instructor Clint Crossen has had his students working on the lean-to on the east side of the maintenance building on North Campus. Over the years, the roof on the lean-to leaked and that destroyed its roof members. It was bad enough that the lean-to was no longer usable.

"As a contractor, I am teaching my students, 'if something is broke, fix it before it gets worse,'" says Crossen. "I'm also teaching them to take pride in what they do. If you have the ability to turn an eyesore into something nice, do it. A dilapidated building is a sign of neglect."

Crossen's students tore off the old roof. After that, they installed new rafters and a new metal roof with an overhang. The students also installed an overhead garage door.

Crossen says the students learned several things doing the project, including how a leak can cause so much damage, how to work together as a team, and how to have the vision to complete a task.



The overhead door also proved to be a good opportunity to learn. There was not the proper clearance to put in an overhead door, but Crossen says they found a way.



"By investigating other options such as cutting and notching rafters and lowering the ground grade, we were able to defy the odds and make it work."

Operations and Maintenance Team Leader Chris Ellington says he and his department appreciate the work of the students and says the project is going to serve several benefits.

"This project will provide the O&M Department with desperately needed storage space for equipment and tools. That will free up space in the actual maintenance shop to work on projects in a climate controlled space. The project also improved the aesthetics of the building as a whole."

Hands-on work is at the heart of LTC's Construction program. Crossen says this project gave the students the chance to move from the lab into a real work project. That gave them the chance to get the feel of the pressure to make a lasting project that others would talk about for years to come.

"I teach my students that when you do good work, it's something to stand back and be proud of, whether it is putting a roof on a lean-to or building a house," says Crossen. "Here at LTC, we are determined to take the students of the Construction program to the real world to prepare them for the hardships and glory of construction."

Crossen says they also make sure students get the chance to do different kinds of construction work. Recently, students used their indoor lab to work on brick laying. Students built a chimney and then built a roof around it so they could learn to properly shingle and flash a chimney.

CAST ANNOUNCED FOR *THE MUSIC MAN*


**LINCOLN TRAIL COLLEGE THEATER**  
presents  
**Meredith Willson's**  
**THE MUSIC MAN**

MARCH 24–26, 31  
APRIL 1 & 2  
Friday & Saturday ~ 7 p.m.  
Sunday ~ 2 p.m.

\$12 ADULTS / \$6 STUDENTS  
Tickets on sale March 13  
618-544-8657 x1433



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www.MTIshows.com  
Lincoln Trail College Performing Arts  
www.ltcperformingarts.org

Interim theater director Barbara Shimer has announced the cast for the LTC spring production of Meredith Willson's *The Music Man*. Daniel Dix headlines as fast-talking traveling salesman Harold Hill. Dix is regular on the LTC stage appearing most recently as Cinderella's prince in *Into the Woods* and Jesus in *Godspell*. Amy Drake plays River city librarian Marian Paroo who transforms the con man into a respectable citizen. Amy has also appeared on the LTC stage many times including as Little Red Riding Hood in *Into the Woods* and as Sally in the summer production *Snoopy!!!*. Brennan

Seth Tracy plays Hill's old friend Marcellus Washburn, a former con man trying to settle down and Jill Jansen will be his girlfriend, Ethel Toffelmier. Blustering River City mayor Shinn will played by Dave Parker and Kathleen Moore appears as his wife, Eulalie. Kelsey McDaniel and Ainsley Wood play their daughters, Zaneeta and Gracie. Tommy Djilas will be played by Alan Wiseman. Ken Martin, Larry Dix, Tom Miller and Tom Brown were cast as the easily distracted school board members Olin Britt, Oliver Hix, Ewart Dunlop and Jacey Squires. Jo Rankin-Evans will portray Mrs. Paroo, Tristan Vela is Winthrop, and Rachel Wiseman is Amaryllis.

Rosalene Quick as Alma Hix, Mindy Evans as Maud Dunlop, and Emma Short as Mrs. Squires will be joined by Abbey Metheny, Jennifer Vela, Savannah Ridgeway, Gracie Trowbridge, Danielle DiMarzio and Heather Moore on the memorable "Pick-a-Little" number. John Sharma plays Charlie Cowell, a traveling salesman with the goods on Harold Hill. Ryan Mikeworth, Brian Manhart, John Sutfin, Isaac Wilson and Ben McCullough are also salesmen. Les Dart is the train conductor. Tom Moore will be Constable Locke, and will join Tom Compton and Sam Quick as newspaper men.

Teenage cast members Sam Quick, Jaiden Logan, Ryan Mikeworth, Sarah Rynke, Ben McCullough, Joy Gillaspay, Mary Ann Catt, Isaac Wilson, Resa Fuller and Xavier Brown will be featured in the Library dance number. Callie Reid, Joy Gillaspay, Jazleen Sharma, Lyla Stewart, Reese Stewart, Taylor Blank, Jaiden Logan, Sarah Rynke, Mary Ann Catt, Resa Fuller, Hayzie Vela, and Harper Gallion are Wa-Tan-Ye girls. Hudson Dix, Harper Gallion, Anne Holscher, Rhett Holscher, Jessica Moore, Joe Quick, Jazleen Sharma, Gina Sinclair, Hayzie Vela, and Mindi Williamson round out the cast as the people of River City.

Known for the rousing songs "Trouble," "Wells Fargo Wagon," and "Seventy-Six Trombones" as well as the tender "Til There Was You," *The Music Man* has been entertaining audiences since 1957 and is a classic to be enjoyed by every generation.

Performances are scheduled for March 24-25 at 7 p.m. and March 26 at 2 p.m. Then the following weekend, the March 31 performance will benefit the Lincoln Trail College Foundation. The show closes with an evening performance April 1 at 7 p.m. and a matinee April 2 at 2 p.m. Tickets are \$12 for adults and \$6 for students and go on sale March 13. They can be reserved by contacting the Performing Arts office 618-544-8657 ext. 1433 between the hours of 12-5 Monday –Thursday and 12-4 Friday.

## LTC HOLDING ART SHOWS



Lincoln Trail College is celebrating works of art from area students this spring.

Throughout the month of February, the college is displaying work from students in first through eighth grades. The work is on display in the Library.

The participants were honored with a reception on Feb. 6, the day the 2017 Children's Art Exhibition launched.

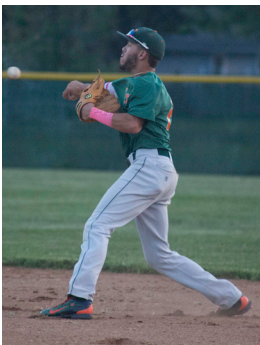
Meanwhile, the college is preparing for the annual Celebrate Art! Day on March 9. Each year, the college invites students to hear from an artist and the students can also submit their artwork for a competition.

Area high school students have until Feb. 27 to submit their works of art. It will be judged based on creativity, composition, and technique. Eight selected works of art will be on display in the Library from March 15 through April 28.

In addition to having their works of art on display, the eight artists will also receive prizes. Seven will get a \$20 gift certificate to the Lincoln Trail College Bookstore. One artist will win Best of Show honors and will receive a \$50 gift certificate to the Bookstore.

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## CRISPIN, HERNANDEZ COMMIT TO JACKSON STATE



Two more Lincoln Trail College baseball players will continue their playing careers after finishing at Lincoln Trail College. Infielder Josh Crispin (left) and first baseman/pitcher Raul Hernandez both committed to Jackson State.

"We couldn't be more happy for the success of Josh and Raul, both on the field and in the classroom," says baseball coach Kevin Bowers. "Both are exceptional students carrying a GPA over 3.0 and will graduate this spring."

Crispin played in 55 games for the Statesmen in his freshman season. He batted .274 with 5 homeruns and 20 RBI. He also finished the campaign with 16 steals.



Hernandez (left) hit 14 of LTC's 36 homeruns. He also led the Statesmen with 134 total bases. He batted .351 and led the team with a .654 slugging percentage.

It was a family vacation that led to the duo from Puerto Rico coming to LTC. Former assistant Brad Vanderglas discovered the two while on a family trip in Florida.

"The first month was tough on them coming all this way from home," says Bowers. "But they quickly fit right in."

Bowers says the two have turned into great teammates that are leaders and watch out for other players.



## MARCH SPORTS CALENDAR

### Baseball

3	*Iowa Central	7:00
4	*North Iowa Area	2:00
	*Southeast Nebraska	5:30
	*at Millington, TN	
5	at Dyersburg State	1:00
7	at University of Indy JV	1:00
9	Rend Lake	3:00
11	at Rend Lake	1:00
15	Danville Area	3:00
16	at Southeastern	3:00
18	Southeastern Illinois	1:00
21	Lindenwood-Belleville JV	1:00
23	Wabash Valley	3:00
25	at Wabash Valley	1:00
28	at Danville Area	3:00
30	at John A. Logan	3:00

### Golf

16-18	Ron Marshall Spring Fling at Scottsboro, AL
27-27	Mineral Area College Warm Up at Farmington, MO
31-4/1	Oakland City Oaks Invitational at Montgomery, IN

### Men's Basketball

3	at Olney Central	7:30
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### Softball

4-11	at Space Coast Spring Training	
14	at Lindenwood Belleville JV	3:00
16	Wabash Valley	2:00
17	Frontier Community College	6:00
18	at Kaskaskia	12:00
21	Olney Central	2:00
23	at Southwestern	2:00
25	at John A. Logan	12:00
26	at Rend Lake	2:00
28	at Southeastern	2:00
30	at Lake Land	2:00

### Women's Basketball

3	at Olney Central	5:30
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Follow the Statesmen at  
[ltcathletics.com](http://ltcathletics.com)

## PORTER DONATION ENHANCES LTC SPORTS CENTER'S ATMOSPHERE



A donation of basketball goals by Porter is giving the Sports Center at Lincoln Trail College a new look.

The portable goals are the same kind of goals found in large arenas, something Statesmen men's basketball coach Luke Stuckey says is giving the Sports Center a new atmosphere.

"I think they're good because it gives the gym more of a big college feel. Most high schools have the old-school baskets and our other goals have probably been here since the 70s. It's just something that makes our gym unique and gives it more of a college vibe for games."

"We're blessed to have this opportunity with Porter, says Lady Statesmen coach Scott Sparks. "We're always looking for ways we can upgrade our facilities and these goals are a step in that direction."

Both Sparks and Stuckey agree that donations like this are vital to the athletic department at LTC.

"Donations go a long way with helping and every little bit counts. We always need upgrades with our facilities, with the gear we wear. Donations obviously save on our budget and can help make an impact on our program," said Stuckey.

"Our kids rely on help from the outside and our programs rely on help from the outside," said Sparks. "We couldn't survive without if it wasn't for the help we get from our donations and the people that help support LTC Athletics."